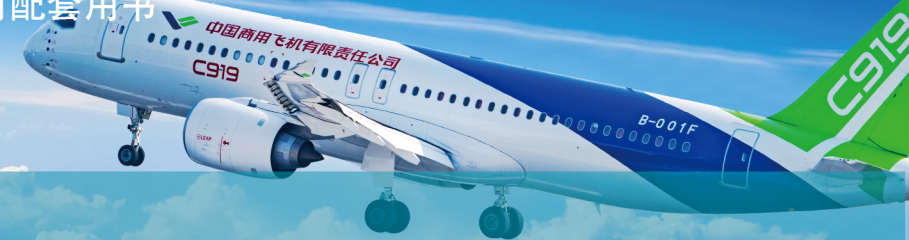


“十四五”职业教育国家规划教材配套用书



总主编 杨林生
主 编 章 宁
房思金
王晓艳

NEW CONCEPT
INTERACTIVE ENGLISH

新理念

交互英语教程1 教师用书

新理念交互英语教程1 教师用书 (第3版)

主 编 章 宁 房思金 王晓艳

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赠书

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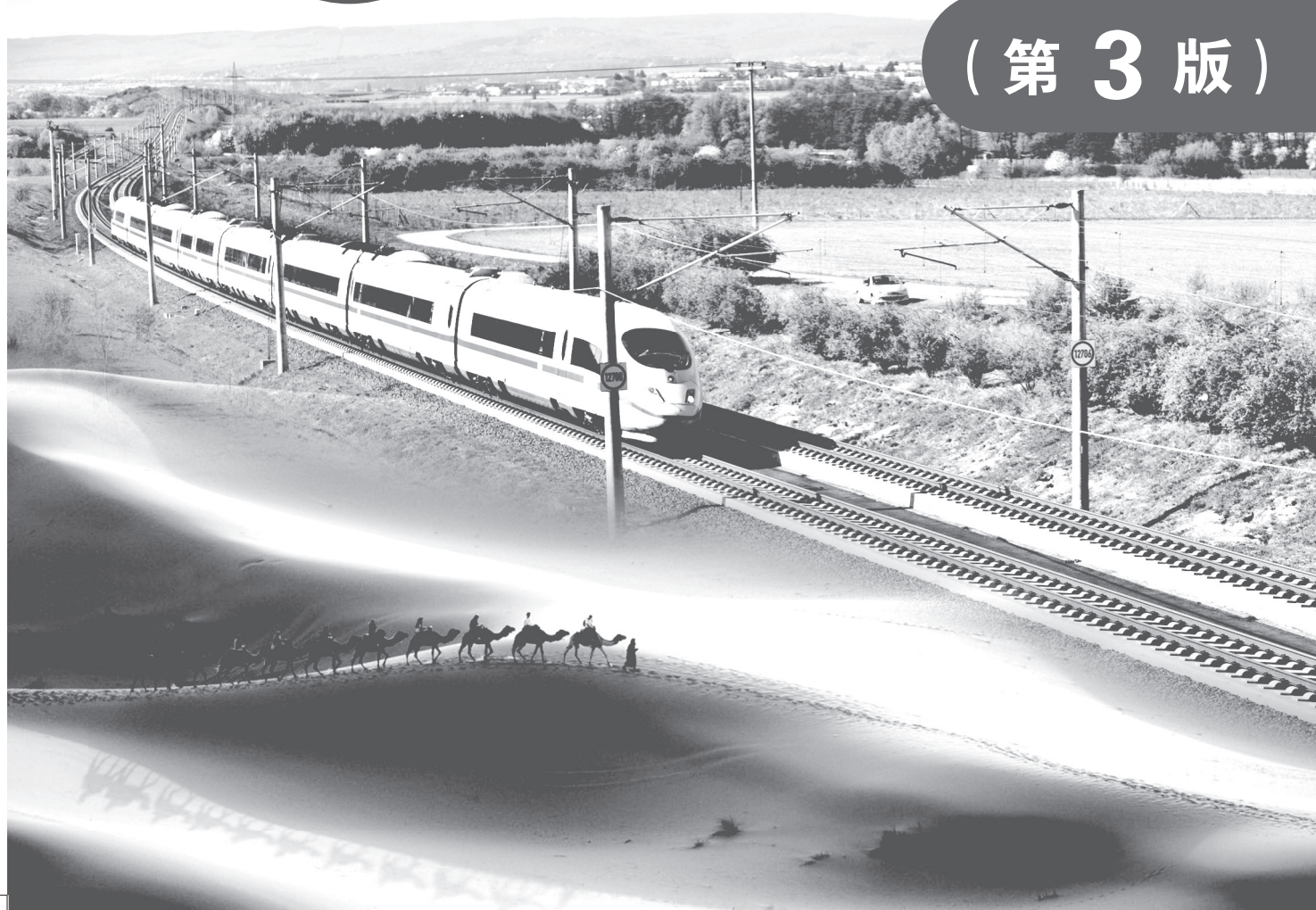
新理念

交互英语教程1 教师用书

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赠书

(第3版)



随着社会经济的不断进步和产业结构的持续优化，高职教育在人才培养中的作用日益凸显，为社会输送优秀的专业人才贡献了巨大的力量。党的二十大报告明确指出：“教育、科技、人才是全面建设社会主义现代化国家的基础性、战略性支撑。”这一重要论述为高职教育的发展指明了方向，赋予了新的使命。

高职教育作为我国教育体系的重要组成部分，在党的二十大精神的指引下，应积极响应国家战略要求，加快推进教育现代化。要坚持立德树人，培养具有创新精神和实践能力的高素质技术技能人才，为实现中华民族伟大复兴的中国梦提供有力的人才支撑。

在这种背景下，我们特组织职业教育英语教学领域的知名专家、学科带头人、骨干教师等，根据高等职业教育的人才培养目标，参考高等职业教育各专业人才培养方案，基于社会对人才的需求，精心研发了新理念交互英语教程（第3版）系列教材。本系列教材依据教育部颁布的《高等职业教育专科英语课程标准（2021年版）》（简称“新课标”）编写，以全新的视角和丰富的内容为学生们打造一个充满活力与挑战的学习平台。本系列教材坚守中华文化立场，努力践行“讲好中国故事，传播好中国声音，展现可信、可爱、可敬的中国形象”，弘扬“一带一路”丝路精神。

教材结构

新理念英语系列教材根据实际教学需求，分为新理念交互英语和新理念职业英语两大部分，组成结构如下表所示。

新理念英语 系列教材	新理念交互 英语	综合教程（共2册，配有学习指导与训练和教师用书）
		视听说教程（共2册）
		口语训练教程（共1册）
		听力训练教程（共1册）
	新理念职业 英语	电子商务英语
		智能制造英语
		自动化英语
	

教材特色

一、新理念交互英语系列教材凸显人文性，弘扬中华优秀传统文化

新理念交互英语系列教材为公共英语基础课使用的教材。通过本系列教材的学习，学生们不仅能够提升自身的英语语言能力，包括听、说、读、写、译等各项技能，更能拓宽国际视野，增强跨文化交流意识。

二、新理念职业英语系列教材凸显科学性和实践性

新理念职业英语系列教材为行业英语，结合企业对高职高专毕业生英语技能的要求，以英语为载体，体现各行业典型的工作流程、工作任务和场景，具有突出的职业性与应用性，可以提升学生的职业素养与就业能力。

《新理念交互英语教程（第3版）》编写说明

《新理念交互英语教程（第3版）》是新理念英语系列教材的主干教材，旨在夯实学生的英语语言基础，培养学生树立正确的世界观、人生观和价值观，同时提升职业能力。

一、《新理念交互英语教程（第3版）》的特色

1. 精选主题和素材，遵循课程思政建设要求

本系列教材融入课程思政元素，将知识性、职业性与思政元素有机结合，立足中国现实，讲好中国故事，融入中华优秀传统文化，旨在帮助学生树立文化自信，培养学生的人文素养和道德修养。

2. 立足职业与就业，培养职场语言应用能力

本系列教材贯彻《职业院校教材管理办法》的指导思想，突出职业教育特色，在帮助学生打牢语言基础的同时，重视学生职场涉外语言应用能力的培养，如植入商事管理、商务洽谈、职场交际、求职应聘、商务函件写作、产品介绍等职场环境，以期发展学生的涉外沟通能力。

3. 践行赛证融通，体现专业人才培养内涵

本系列教材根据人才培养目标，将职业院校英语口语技能大赛及高等学校英语应用能力考试的题型融入教材口语、听力、阅读、写作训练等模块，立足提高学生的就业能力及职业发展能力，融通学生的英语语言能力与职业技能。

4. 立体化教学资源，满足线上线下混合教学需求

本系列教材积极推进党的二十大提出的“教育数字化”，配有完备的立体化教学

支持系统，包括内容丰富的教学资料包（含教学课件、教学音频、课文翻译、课程思政视频、语法视频、课程思政方案，等等）及线上教学平台新思课堂、自主学习交互平台等，方便师生利用现代信息技术手段进行辅助教学和学习。

二、《新理念交互英语教程（第3版）》的结构

模 块	说 明
Warming-up	本模块以富有文化内涵的图片或实践性的活动导入，并辅以开放性的讨论、古诗文赏析等引入单元主题，激发学生学习英语的兴趣
Listening and Speaking	本模块提供听力和口语练习。听力素材语言地道，并依照高等学校英语应用能力考试B级听力题型设置练习。口语练习参考职业院校英语口语技能大赛题型设置图表描述、辩论等题型，旨在强化学生的语言输入输出与背景知识构建能力
Reading and Thinking	本模块分为Task A和Task B两部分。Task A围绕单元主题设置两篇阅读材料，凝练西方文化，融入中华优秀传统文化，在帮助学生增强语言学习能力的同时，引导学生热爱生活、自强不息、奋发有为，充分体现了立德树人根本任务和社会主义核心价值观。Task B引入职场思考，可操作性强
Language Use	本模块针对本单元重点语言知识设置练习，包括词汇、短语、翻译、语法等，既能让学生巩固所学知识，又能帮助学生提高应试能力
Workplace Skills	本模块包含与职场相关的常见应用文，如感谢信、通知、广告、倡议书、申请表等，学生通过练习可掌握相应的写作技巧
Voice of China	本模块融入中国文化，讲述中国成就，体现课程思政，帮助学生汲取文化精华，提高跨文化理解与表达能力，坚定文化自信

《新理念交互英语教程（第3版）》由宁波职业技术学院杨林生担任总主编。本册教材由宁波职业技术学院章宁、房思金、王晓艳担任主编，由宁波职业技术学院梦蕤、营口职业技术学院孔艳君、宁波职业技术学院项导、濮阳职业技术学院王启雅、天府新区通用航空职业学院王虹担任副主编，石家庄理工职业学院于洋参与编写。

由于编者水平有限，加之时间仓促，书中难免存在不当之处，恳请广大读者在使用后提出宝贵的意见和建议，以便我们及时做出修订。

编 者

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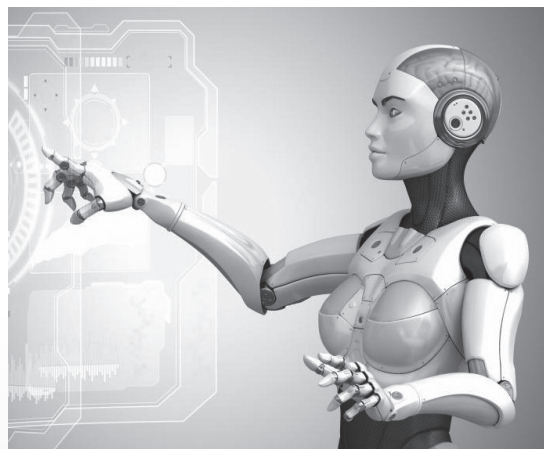
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Unit 1

Gratitude

Key Points

- ◎ Gratitude is acknowledging the goodness and positives in our lives.
- ◎ The forms and importance of gratitude. Gratitude can be expressed through words and actions. The importance of gratitude can be reflected in the impact on individuals and the impact on society.
- ◎ There are many benefits to learning to cultivate more gratitude in your day-to-day life.

Objectives

Warming-up	思考为什么要对周围的一切感恩。欣赏唐代诗人孟郊创作的《游子吟》，理解诗人对母爱的感激以及对母亲深深的爱与尊敬之情。
Listening and Speaking	学生能够理解日常生活中常用的表示感谢的表达方式，并能进行应答。 学习如何感恩和关爱他人。 能够分析统计图表，总结员工通常会对公司表示感激的情况。培养职场演说能力。
Reading and Thinking	Task A Reading Text A: 本文通过讲述诺曼·金恩的成长历程，展现了母亲对他的指引和教导，并表达了对母亲的感激之情。 Text B: 感恩犹如生活中的阳光雨露，本文告诉我们如何才能拥有一颗感恩的心。 Task B Thinking 学生可以就如何在未来的职业生涯中实践感恩交换意见。
Language Use	学生在学习了课文 A 和课文 B 后，能够独立进行语言知识练习。能够理解和掌握名词的分类和用法。
Workplace Skills	学生熟悉感谢信的基本格式和部分句式，能够用英语写感谢信。
Voice of China	通过韩信报恩的故事了解中国感恩文化，让学生懂得感恩是中华民族的传统美德。

MODULE 1 Warming-up

Task A Discussion

Why I'm Grateful

Discuss in pairs and think back on the previous day, many days, or weeks and list three or four specific things for which you are extremely thankful. To get started by completing the sentences as follows.



I am grateful to my motherland because...



I am grateful to my family because...



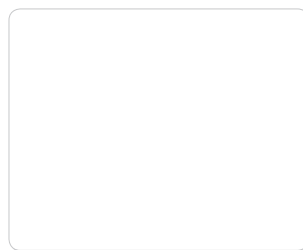
I am grateful to my teacher because...



I am grateful to my friends because...



I am grateful for who I am because...



Somebody/Something else I am grateful to/for is... because...

Task B Appreciation

Read the poem below and talk about your personal feelings about it. What can you learn from it?

Song of the Parting Son

Meng Jiao (Tang)

*From the threads a mother's hand weaves,
A gown for parting son is made.
Sewn stitch by stitch before he leaves,
For fear his return be delayed.
Such kindness as young grass receives
From the warm sun can't be repaid.*

游子吟

唐·孟郊

慈母手中线，游子身上衣。
临行密密缝，意恐迟迟归。
谁言寸草心，报得三春晖。

MODULE 2 Listening and Speaking

Task A Sentences

When someone expresses thanks to you, how should you respond? Listen to the following sentences and choose the best answer to each of them from the four choices marked A, B, C and D.

Words or Expressions

pick up 接 (某人) work out 进展顺利 be of help 有帮助

- | | |
|--------------------------------------------------|------------------------------------------------------------|
| 1. A. No, thanks.
C. Sure. | B. You're welcome.
D. Just so so. |
| 2. A. Anything for you!
C. You did it. | B. You can do it.
D. Sorry. |
| 3. A. It's my fault.
C. My pleasure. | B. Thank you.
D. That's right. |
| 4. A. I don't know.
C. I'm not sure. | B. That's good.
D. I'm happy I could be of help. |
| 5. A. Thank you.
C. Amazing. | B. It's OK.
D. Congratulations! |

Script

- | | |
|-------------------------------------------------|------------------------------------------|
| 1. Thank you so much for helping us. | 2. What would I do without you? |
| 3. How kind of you to pick me up! | 4. I appreciate what you've done for me. |
| 5. I'm glad to hear everything worked out well. | |

Task B Dialogues

There are always moments in life that make us feel warm. Let's feel these touching moments. Listen to the dialogues and choose the best answer to each question from the four choices marked A, B, C and D.

Words or Expressions

Many thanks. 非常感谢。 kindness /'kaindnəs/ *n.* 友好
 * favourite /'feɪvərɪt/ *adj.* 最喜欢的
 * mathematics /,mæθə'mætiks/ *n.* 数学 * trick /trɪk/ *n.* 戏法

1. A. Because the man was looking for a book for her.

B. Because the man bought a book for her.

C. Because the man lost her book.

D. Because the man borrowed a book from her.

2. A. Buy a gift.

B. Say "thank you".

C. Make a card.

D. Visit her mother.

3. **A. Kindness from a stranger.**

B. How to take a bus.

C. A strange man.

D. Changing money.

4. A. The woman.

B. His friends.

C. His classmates.

D. His family.

5. A. Because his teacher was knowledgeable.

B. Because his teacher got him interested in mathematics.

C. Because his teacher helped him with his homework.

D. Because his teacher could do magic tricks.

Script

1. W: Oh, that's the book I'm looking for! Many thanks!

M: It's my pleasure.

Q: Why does the woman thank the man?

2. W: Mother's Day is coming. What should I give my mother?

M: You can make her a card.

Q: What does the man suggest the woman do?

3. W: Have you ever received help from a total stranger?

M: Yes. Once a man gave me some change to take the bus.

Q: What are they talking about?

4. W: What is your favourite childhood memory?

M: My favourite childhood memory is when my entire family went on a trip to a beach.

Q: Who did the man go to the beach with?

5. W: Who helped you become the person you are today?

M: I'm grateful to my teacher who led me into the magic world of mathematics.

Q: Why is the man grateful to his teacher?

Task C Passage

Do you know how to show your love to others? Listen to the passage and fill in the blanks. Then practice introducing how you show your love with the useful expressions in the passage.

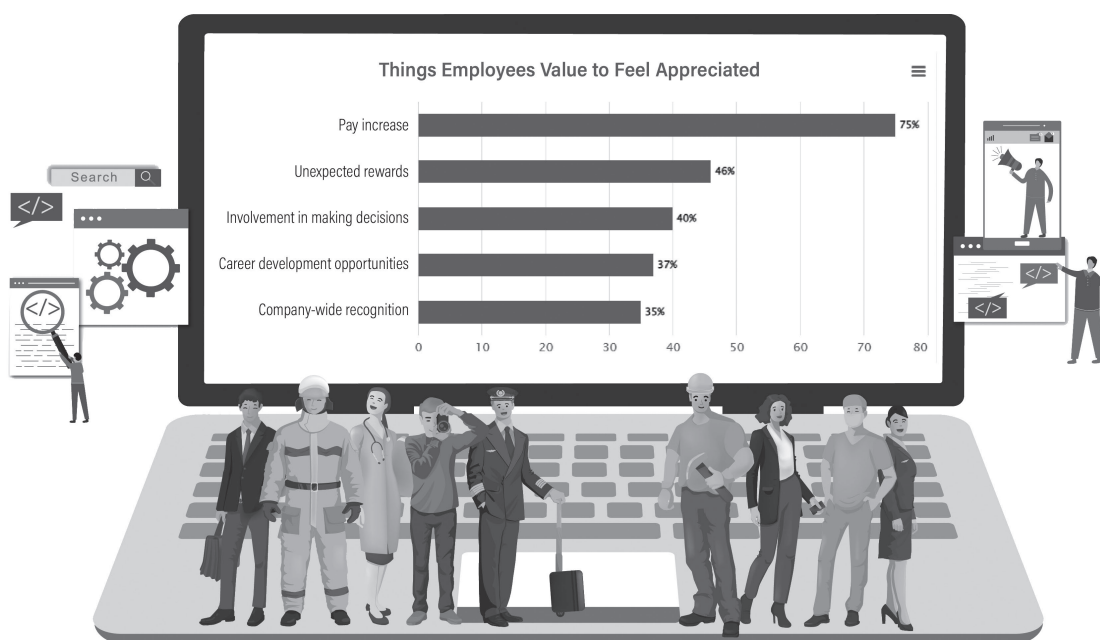
Words or Expressions

every single day 每一天	in person 亲自
over the phone 通过电话	board game 棋盘游戏
commitment /kə'mɪtmənt/ <i>n.</i> 承诺, 许诺	

If you want to show your family members how much they (1) mean to you, then all you have to do is to tell them that you love them every single day, and to show that you (2) appreciate what they have given you. Tell them (3) in person, in a card, or over the phone. Besides, show them you love them by giving them your (4) time. Make family time when you just watch movies, play board games, or cook together. A time commitment is one way to show you're (5) grateful. So, how will you do?

Task D Discussion and Presentation

Cultivating gratitude in the workplace plays an important role in establishing a healthy environment. Work in groups and discuss what is shown in the chart by describing, comparing and summarizing. You may add your own comments. Then make a presentation to the class.



Words or Expressions You May Use:

improve the working environment
 feel happy, valued, and cared for
 ... employees claim that they will feel appreciated if...
 feel more motivated to work harder
 work is appreciated

本单元分析条形图 (bar chart)。条形图是用宽度相同的条形的高度或长短来表示数据多少的图形。条形图可以横置或纵置,纵置时也称为柱形图 (column chart)。此外,条形图有简单条形图、复式条形图等形式。

Reference Statement

This bar chart is titled “Things Employees Value to Feel Appreciated”. It shows the percentage of employees who value different aspects to feel appreciated in the workplace.

The most valued aspect by employees is a pay increase, with 75% of employees indicating this. This is significantly higher compared to other factors.

The second-most valued aspect is unexpected rewards, with 46% of employees considering it important.

Involvement in making decisions is valued by 40% of employees, ranking third.

Career development opportunities are important to 37% of employees, coming in fourth.

Finally, company-wide recognition is valued by 35% of employees, being the least among the listed factors.

Overall, the chart indicates that financial incentives, such as pay increases and unexpected rewards, are highly valued by employees for feeling appreciated in the workplace.

MODULE 3 Reading and Thinking

Task A Reading

Objectives

1. Students should understand the two texts, and grasp the words and expressions in this part.
2. Students should improve their reading ability.
3. Students should know how to express gratitude and understand its importance.
4. Critical thinking skills: ① Should we only be grateful to those who have directly helped us? ② Is gratitude rooted in responsibility or emotion? ③ Which is more important, verbal gratitude or practical gratitude? ④ Is there a problem with excessive gratitude?

Text A

Mother's Guidance

- 1 Norman King is an Aeta which is an ethnic group from the Philippines. When Norman King was a child, he was often laughed at by his friends because of his skin colour. He often looked into his dark hands and asked his mother, "Why are we Aetas like dirt? Is it because I'm dark that they call me dirty?" Hearing little King's question, his mother bent down and told him gently, "The one whose heart is not clean is really dirty." These words made Norman King accept himself.
- 2 One day when Norman King went back home from school, his classmates laughed at him, "Old clothes, too poor to buy new clothes!" Humiliated, King ran home, and asked his mother, "Mom, can I buy new clothes? All my classmates wear new clothes." His mother asked him, "Are you trying to hide the fact that we are poor?" His mother was both distressed and saddened by King's request, but she then asked him firmly, "Who is more worthy of admiration? Someone who has had an easy life, or someone who has experienced hardship?" Mother's words made King think.
- 3 The real strength is not the aura we put on the outside, but the earnest and down-to-earth struggle. When you have suffered and experienced hardship, you can make yourself worthy of admiration.
- 4 Trying to attract the attention of his classmates, King wore a wig. His mother told him firmly, "We Aetas don't need that look." "Now my classmates are starting to notice me," King explained. His mother asked him, "Do you really need to change yourself in order to be accepted?"
- 5 Most of the time, we are trying to cater to others and find fault with ourselves. If you always try to cater to others and please others, you will think less of yourself and lose yourself. Be the best you can be to win back the respect of others.
- 6 On the day of the graduation ceremony, Norman King said, "Everything comes from my mother's guidance. Only by accepting myself can I go farther and longer."

Structure Analysis

Part	Paragraph	Main Idea
1	Para. 1	Mother's words made Norman King accept himself.
2	Para. 2 ~ Para. 3	The one who experienced hardship is more worthy of admiration.
3	Para. 4 ~ Para. 5	Don't change yourself in order to be accepted.
4	Para. 6	Thanks to mother.

Text Translation

母亲的指引

- 1 诺曼·金恩是一个来自菲律宾的阿埃塔族人。当诺曼·金恩还是个孩子的时候,他经常因为自己的肤色而被朋友们嘲笑。他经常看着自己黝黑的双手问妈妈:“为什么我们阿埃塔人都像泥土?是不是因为我很黑,他们才说我脏?”听到小金恩的问话,妈妈弯下腰,温柔地对他说:“心不干净的人,才是真正脏的人。”这句话使诺曼·金恩接受了自己。
- 2 有一天,当诺曼·金恩从学校回家时,他的同学嘲笑他,“旧衣服,穷得买不起新衣服!”金恩感到很丢脸,他跑回家问妈妈:“妈妈,我可以买新衣服吗?我所有的同学都穿新衣服。”妈妈问他:“你是不是想掩盖我们贫穷的事实?”母亲对金恩的这一要求感到既伤心又难过,但她坚定地问:“谁更值得钦佩?是过着安逸生活的人,还是经历过苦难的人?”母亲的话引起了金恩的思考。
- 3 真正的力量不是外在的光环,而是脚踏实地的奋斗。当你经历了苦难,你才可以让自己值得钦佩。
- 4 为了引起同学们的注意,金恩戴上了假发。他母亲坚定地告诉他:“我们阿埃塔人不需要那个样子。”“现在同学们开始注意到我了。”金恩解释道。妈妈问他:“你真的需要改变自己才能被接受吗?”
- 5 大多数时候,我们总是在迎合别人,对自己却很挑剔。如果你总是迎合别人,取悦别人,你就会低估自己,迷失自己。做最好的自己,才能赢回别人的尊重。
- 6 在毕业典礼那天,诺曼·金恩说:“一切都来自母亲的教导。只有接受自己,我才能走得更长、更远。”

Word List

ethnic /'eθnik/ *adj.* 种族的

e.g. The city has a large ethnic community. 这座城市有一个庞大的少数民族社区。

用法解释: ethnic 主要用作形容词,表示“民族的;种族的”。常用来描述与特定民族或种族相关的事物,如 ethnic group 民族群体、ethnic culture 民族文化等。

child /tʃaɪld/ *n.* 小孩

e.g. The child is playing in the park. 孩子正在公园里玩耍。

用法解释: child 是名词,意为“儿童,孩子”。其复数形式是 children。可以用于各种与孩子相关的场景描述,如 child care 儿童保育、child development 儿童发展等。

bend /bend/ *v.* 弯下

e.g. He bent down to pick up the book. 他弯腰捡起书。

用法解释: bend 既可以作动词,也可以作名词。作动词时,表示“使弯曲;弯腰”等意思。如 bend the wire 把金属丝弄弯。作名词时,有“弯曲;弯道”等意思,如 a bend in the road 道路的一个弯道。

gently /'dʒentli/ *adv.* 温柔地

e.g. She touched the baby gently. 她轻轻地抚摸着婴儿。

用法解释: gently 是副词, 表示“轻轻地; 温柔地”。通常用来修饰动词, 描述动作的轻柔程度, 如 speak gently 轻声说话、move gently 轻轻地移动。

humiliated /hju:'miliətid/ *adj.* 感到丢脸的

e.g. He felt humiliated after being criticized in public. 他在公开场合被批评后感到很屈辱。

用法解释: humiliated 是形容词, 由动词 humiliate 变化而来, 表示“感到屈辱的; 蒙羞的”。常用来形容人的感受, 如 be humiliated by sth. 因某事而感到屈辱。

distressed /di'strest/ *adj.* 痛苦的; 忧虑的

e.g. She looked distressed when she heard the bad news. 她听到坏消息时显得很苦恼。

用法解释: distressed 可以作形容词, 也可以作动词的过去分词。作形容词时, 表示“苦恼的; 忧虑的; 贫困的”等意思。如 distressed area 贫困地区。作动词过去分词时, 如 be distressed by sth. 因某事而苦恼。

firmly /'fɜ:mli/ *adv.* 坚定地, 坚决地

e.g. He held the book firmly. 他紧紧地拿着书。

用法解释: firmly 是副词, 表示“坚定地; 牢固地”。常用来修饰动词, 强调动作的力度或稳定性, 如 believe firmly 坚定地相信、attach firmly 牢固地附着。

worthy /'wɜ:ði/ *adj.* 值得的; 有价值的; 配得上的

e.g. He is a worthy leader. 他是一位值得尊敬的领导。

用法解释: worthy 是形容词, 表示“值得的; 有价值的”。常见用法有 be worthy of sth. 值得某事, 如 He is worthy of our respect. 他值得我们尊敬。be worthy to do sth. 值得做某事, 如 He is worthy to be praised. 他值得被表扬。

hardship /'hɑ:dʃɪp/ *n.* 困苦; 苦难

e.g. They endured many hardships during the war. 他们在战争期间忍受了许多艰难困苦。

用法解释: hardship 是名词, 表示“艰难; 困苦”。通常用来描述困难的处境或经历, 如 face hardship 面对艰难困苦、suffer from hardship 遭受艰难困苦。

aura /'ɔ:rə/ *n.* 光环; 气氛

e.g. She has an aura of mystery. 她有一种神秘的气质。

用法解释: aura 是名词, 表示“气氛; 氛围; 气质”。常用来形容人或事物所散发出来的一种特殊的感受或氛围, 如 an aura of elegance 优雅的氛围、an aura of power 权力的氛围。

earnest /'ɜ:nɪst/ *adj.* 认真的

e.g. He is an earnest student. 他是一个认真的学生。

用法解释: earnest 是形容词, 表示“认真的; 诚挚的”。常用来形容人的态度或行为, 如 in earnest 认真地; 诚挚地, be earnest about sth. 对某事认真。

down-to-earth /,daʊn tu'ɜ:θ/ *adj.* 切合实际的

e.g. She is a down-to-earth person. 她是一个务实的人。

用法解释: down-to-earth 是形容词, 表示“务实的; 实际的; 脚踏实地的”。常用来形容人的性格或做事风格, 强调不浮夸、踏实可靠, 如 a down-to-earth attitude 务实的态度。

wig /wɪɡ/ *n.* 假发

e.g. She wore a beautiful wig. 她戴着一顶漂亮的假发。

用法解释: wig 是名词, 意为“假发”。通常用于描述人们为了改变发型或遮盖头发问题而佩戴

的假发, 如 a long wig 长假发、a curly wig 卷发假发。

cater /'keɪtə(r)/ v. 投合, 迎合; 满足需要

e.g. The restaurant caters for vegetarians. 这家餐厅为素食者提供餐饮服务。

用法解释: cater 是动词, 表示“满足需要; 提供饮食及服务”。常见用法有 cater for sb./sth. 为某人/某事提供服务, cater to sb./sth. 迎合某人/某事。

Useful Phrases and Expressions

bend down 弯腰

e.g. She bent down to smell the flowers. 她弯下腰去闻花香。

be worthy of 值得; 配得上的

e.g. His behaviour is worthy of praise. 他的行为值得赞扬。

in order to 为了

e.g. He got up early in order to catch the first bus. 他早起是为了赶上第一班公交车。

cater to 迎合

e.g. The store caters to young customers by offering trendy clothes. 这家商店通过提供时尚的服装来迎合年轻顾客。

graduation ceremony 毕业典礼

e.g. My parents attended my graduation ceremony last year. 我父母去年参加了我的毕业典礼。

Notes

- ① Trying to attract the attention of his classmates, King wore a wig.
为了引起同学们的注意, 金恩戴上了假发。

本句中, trying to... 为现在分词结构作状语, 表示目的。现在分词作状语时, 可作时间、条件、结果、原因、目的和伴随状语, 表示正在进行的或主动的动作。此时分词的逻辑主语就是主句的主语, 因此要注意人称、时态和语态的一致性。

e.g. Trying to stay healthy, I decide to take regular exercises. 为了保持健康, 我决定经常锻炼。
(表目的)

Not knowing how to work out the maths problem, he asked the teacher for help. 因为不知道如何解这道数学题, 他求助了老师。(表原因)

- ② Only by accepting myself can I go farther and longer.
只有接受自己, 我才能走得更长、更远。

only 修饰句子的状语, 位于句首时, 句子要用部分倒装。句型为 only + 状语 / 状语从句 + be / 助动词 / 情态动词 + 主语。

e.g. Only by studying hard can I get advanced in the society. 只有努力学习, 我才能出人头地。

Reading Comprehension

Choose the best answer according to the text.

- How to understand the sentence "The one whose heart is not clean is really dirty"?
A. What truly matters is not one's outward appearance, but having a pure heart.
 B. If someone whose skin is dark, they are dirty.
 C. People with heart disease are dirty inside.
 D. If the mind is quiet, the mind is clear.
- According to King's mother's words, what kind of person is worthy of admiration?
 A. Someone who has had an easy life. B. Someone who is very rich.
C. Someone who has experienced hardship. D. Someone who is a loser.
- Why did King wear a wig?
 A. Because he thought the wig was beautiful.
B. Because he wanted to attract the attention of his classmates.
 C. Because he had no hair.
 D. Because he became rich.
- What is the result of always catering to others?
 A. Winning the respect of others. B. Making others happy.
 C. Making ourselves perfect. **D. Losing ourselves.**
- What can we learn from the text?
 A. No one is perfect.
B. The guidance of King's mother is very important for him.
 C. King's classmates are not very friendly.
 D. People should respect each other.

Text B

Living with Gratitude

- Creating an attitude of gratitude is one of the easiest steps we can take to improve our lives. The happiness created by showing our appreciation has far-reaching effects, both for ourselves and for others. Here are some ways to live with gratitude.
- Saying "thank you" is the most basic and well-known way to show appreciation. You can say it in person, over the phone, in a note, or in an e-mail. Doing this can have significant results in lifting someone's spirit.
- Stop complaining about your life. Hard as life can be sometimes, remember that there is always someone that has things worse than you do. Constant complaining about what is wrong in your life will keep you focused on that, which will bring you down, while focusing

on the positive will lift you up.

- 4 Give to someone else. This is the best way to spread your gratitude. For example, you could volunteer your time to help those less lucky. This could make their day without you even knowing it. If they in turn give it to someone else, the cycle could continue without end.
- 5 Living a life of gratitude is one of the ways to live a happier life. It takes very little effort to show someone you appreciate them but will mean so much to them. Make gratitude a part of us and make today the day you start living a life of gratitude and spread your light to the rest of the world!

Structure Analysis

Part	Paragraph	Main Idea
1	Para. 1	The easiest way to live a happy life is to show gratitude.
2	Para. 2 ~ Para. 4	Ways to live with gratitude.
3	Para. 5	Let's live a life with gratitude.

Text Translation

心怀感激

- 1 心怀感激是我们可以用来改善生活的最简单的方式。通过表达我们的感激而带来的快乐无论对我们自己还是对他人，都有着深远的影响。这里有一些方法可以让我们心怀感激地生活。
- 2 说声“谢谢你”是表达感激的最基本和最众所周知的方式。你可以亲口说出来，也可以通过打电话、写便条或电子邮件说“谢谢”。用这种方法可以让人精神振奋。
- 3 不要抱怨你的生活。虽然生活有时很艰辛，但要记住总有人过得不如你。不停地抱怨生活中的遭遇只会让你关注眼前的困境，使你受挫，而关注生活的积极面却能使你振作。
- 4 给予别人帮助。这是传播感激之情的最佳途径。比如，你可以自愿花时间去帮助那些不太幸运的人。这样，在你毫不知情的情况下，他们可能会度过快乐的一天。如果他们把这份帮助再传递给其他人，那么这种循环可能会一直持续下去，没有尽头。
- 5 心怀感激地生活是更快乐地生活的一种方式。我们只需很少的努力就能展示给他人你对他们的感激，但这对他人却意味着很多。让感激成为我们的一部分，让我们从今天开始，心怀感激地生活，并把你的感激之光播撒到世界的其他地方！

Word List

constant /'kɒnstənt/ *adj.* 不断的；坚定的；始终如一的

e.g. The temperature in the laboratory must be kept constant. 实验室的温度必须保持恒定。

用法解释: constant 作形容词，表示“不变的；恒定的”。此外，constant 还可以作名词，意为“常数；常量”，如：In this equation, 3.14 is a constant. 在这个方程式中，3.14 是一个常数。

Useful Phrases and Expressions

far-reaching effect 深远的影响

e.g. The new policy has a far-reaching effect on the country's economic development. 新政策对该国的经济发展有着深远的影响。

focus on 集中在

e.g. We should focus on improving our skills in order to get better jobs. 我们应该专注于提高我们的技能，以便找到更好的工作。

bring down 使……消沉；击败

e.g. The medicine can help bring down the fever. 这种药有助于退烧。

lift up 鼓舞，激励

e.g. Her words really lift up my spirits when I'm feeling down. 当我情绪低落时，她的话真的鼓舞了我的精神。

for example 例如，以……为例

e.g. There are many fruits rich in vitamins, for example, oranges and strawberries. 有很多富含维生素的水果，例如橙子和草莓。

in turn 反之，反过来

e.g. Theory is based on practice and in turn serves practice. 理论以实践为基础，反过来又为实践服务。

take effort 花费精力

e.g. It takes great effort to learn a new language well. 学好一门新语言需要付出很大的努力。

the rest 其余的人；其他事物；其他

e.g. Some students are playing football, and the rest are watching. 一些学生在踢足球，其余的在观看。

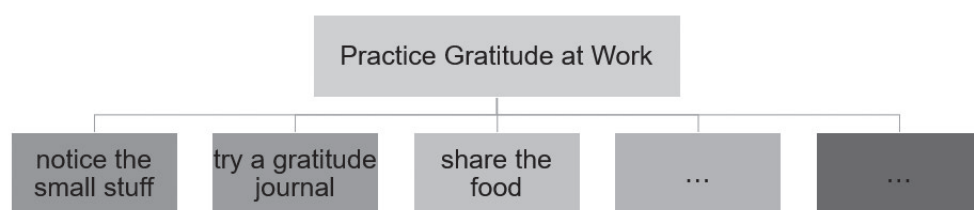
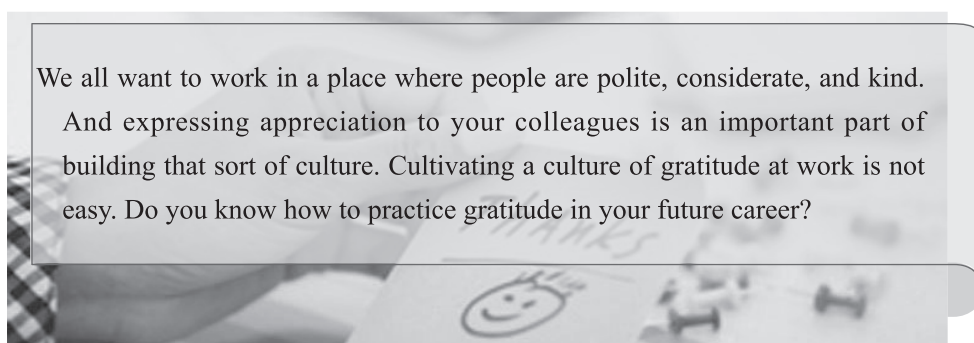
Reading Comprehension

Decide whether each of the following statements is true (T) or false (F) according to the text. Give evidence to support your answers.

- ☐ 1. The happiness created by showing our appreciation has deep effects on others only.
- ☐ 2. Saying “thank you” over the phone is not a polite way.
- ☐ 3. Complaining about what is wrong in your life will lift you up.

- T 4. If you give gratitude to others, the cycle could go on forever.
- T 5. Showing your appreciation to others will have a great meaning to them.

Task B Thinking



In this section, teachers can guide students to develop thinking skills, such as practicing gratitude in their work by doing the following things: publicly commend, assist colleagues in completing their work, organize team building activities, provide career development assistance, etc.

MODULE 4 Language Use

Task A Words and Their Formations

I Fill in each of the blanks with the words given.

admire (v.) admirable (adj.) admiration (n.)

1. She was the admiration of all her friends.
2. I admired her when I first met her.
3. His behaviour during the epidemic was admirable.

distress (n.&v.) distressed (adj.) distressful (adj.)

1. I felt distressed about my problem.

2. I did not want to frighten or distress my mother.
3. These were distressful memories to the girl.

accept (v.) acceptable (adj.) acceptance (n.)

1. It is becoming more and more acceptable for women to support the family.
2. It was wise of Sara to try to get your acceptance of it.
3. I cannot accept your advice.

sad (adj.) sadden (v.) sadness (n.)

1. She was saddened by her son's ingratitude.
2. It is with great sadness that we learn of the death of Kobe Bryant.
3. For these children, everyday was sad and there seemed to be no hope.

improve (v.) improvement (n.) improved (adj.)

1. I hope the weather will improve on Friday.
2. She is an improved edition of her mother.
3. There is a need for improvement in your handwriting.

happy (adj.) happiness (n.) happily (adv.)

1. My marriage is full of happiness.
2. A little bird is singing happily in the tree.
3. Our team is very happy to answer you any question about our project.

basic (adj.) basis (n.) basically (adv.)

1. We drew the conclusion on the basis of many tests.
2. Basically, it is a problem of manner.
3. The family is the basic unit of our society.

gentle (adj.) gentleness (n.) gently (adv.)

1. Her gentleness has given me a deep impression.
2. Helen always speaks gently to the child.
3. My new teacher is a very gentle person.

effect (*n.*) effective (*adj.*) effectively (*adv.*)

1. My plan has not been carried out with effect.
2. The company must reduce costs to compete effectively.
3. In the short term, the medicine may not be very effective.

mean (*v./n.*) meaning (*n.*) meaningless (*adj.*)

1. Those words are empty of meaning.
2. His promises were just meaningless talks.
3. I mean to be a great scientist.

II Complete the sentences with the proper form of the given words.

ethnic	bend	gentle	worth	admire
hardship	earnest	cater	ceremony	constant

1. China has constantly made progress not only in product designs but also in production techniques.
2. I gained a lot of respect and admiration as a teacher.
3. She walked slowly along the street and then she bent down to pick up the coin.
4. They have a great number of ceremonies continued and I don't want to waste any more time.
5. He lifted the nest gently and put it in a safe place in the forks of the tree.
6. Sometimes it was difficult to know which virtues they taught her were worthy and which were simply out-dated.
7. If you're experiencing hardship, you're not alone. We'll work with you to help you find a way forward.
8. Despite their earnest efforts, they failed to win support.
9. They were able to understand market conditions and cater(ed) to small and medium-sized enterprises.
10. The country's population of over 40 million people is made up of many ethnic groups.

Task B Phrases and Their Uses

I Match each phrase in Column A with its corresponding Chinese meaning in Column B.

A		B
be worthy of	——	为了
in order to	——	值得
lift spirit	——	毕业典礼
graduation ceremony	——	提起精神
significant effects	——	过更健康的生活
volunteer her time	——	抱怨生活
improve living conditions	——	自愿花费她的时间
career guidance	——	改善生活条件
complain about life	——	明显的效果
live a healthier life	——	就业指导

II Fill in each blank with an appropriate phrase given below. Change the form if necessary.

bend down	far-reaching effect	be followed by	cater to	in person
focus on	bring down	lift up	the rest	in turn

- There was a pencil on the floor. Yet she didn't bend down to pick it up.
- Many people may have a belief that thanking someone in person is ideally the best way.
- The publication and sale of books increasingly cater(s) to the needs of the mass market.
- AI technology has a far-reaching effect on people's lives.
- The pop star is/was followed by a train of fans.
- When facing difficulties, lift up your spirit.
- It will bring strong winds which in turn will rapidly clear the sky.
- In American football, you have to try to bring down your opponents (对手).
- May the rest of your week be filled with success and joy.
- The noise made it hard for me to focus on work.

Task C Translation

I Choose the best translation for each sentence according to the context.

- The real strength is not the aura we put on the outside, but the earnest and down-to-earth struggle.
A. 真正的力量不是我们放在外面的光环，而是认真和脚踏实地斗争。

B. 真正的力量不是我们戴在外面的光环，而是认真踏实地奋斗。

C. 真正的优势不是我们在外面打开的光环，而是我们脚踏实地奋斗。

2. Do you really need to change yourself in order to be accepted?

A. 你真的需要改变自己才能接受吗?

B. 你愿意为了被真正接受而改变自己吗?

C. 为了被接受，你真的需要改变自己吗?

3. Be the best you can be to win back the respect of others.

A. 做最好的自己，赢回别人的尊重。

B. 你能成为最好的，去赢得别人对你的尊重吧。

C. 做好自己，尊重别人。

4. You can say it in person, over the phone, in a note, or in an e-mail.

A. 你可以个人说，打电话说，写便条说，或写电子邮件说。

B. 你可以当面说，在电话里说，在便条里说，或者在电子邮件里说。

C. 你可以亲自说，打电话，写便条，或写电子邮件。

5. For example, you could volunteer your time to help those less lucky.

A. 举个例子，你可以做志愿者来帮助那些没钱的人。

B. 比如说，你可以做志愿者来帮助那些不幸的人。

C. 比如说，你可以自愿花时间来帮助那些不那么幸运的人。

II Complete the sentences according to the Chinese information in the brackets.

1. Trying to get better faster (尽力更快地好起来), she keeps an optimistic attitude.

2. Only by reducing the cost (只有降低成本) can our company have an advantage.

3. Every one of us should have virtues. Only in this way can we be worthy of (配得上) the name of Chinese.

4. Although the graduation ceremony this year was very simple (尽管今年的毕业典礼非常简单), it was filled with a sense of gratitude.

5. We should take efforts to reduce the noise around us (应该努力降低周围的噪声) to protect our environment.

Task D Grammar Focus

Scan the QR code to learn and complete the following exercises about the usage of nouns.

I Choose the best answer for each of the following items.

1. June 1st is _____ Day all over the world.

A. Child's

B. Childs'

C. Children's

D. Childrens'

2. _____ is made of _____.
- A. Glass; glasses
C. Glasses; glass
- B. A glass; glass**
D. A glass; glasses
3. There is _____ tree in our school.
- A. a 8-metres-tall
C. an 8 metres tall
- B. an 8-metre-tall**
D. a 8 metres tall
4. How many _____ and _____ are there in your class?
- A. boy students; girl ones**
B. girl students; boy one
C. boys student; girl one
D. girls students; boys ones
5. A group of _____ are talking with two _____ over there.
- A. Frenchmen; Germans**
B. Frenchmen; Germen
C. Germen; Frenchmen
D. Germans; Frenchmans
6. The tall man with a big nose is _____ teacher.
- A. Tom and Carl
C. **Tom and Carl's**
- B. Tom's and Carl's
D. Tom's and Carl
7. He is very tired. He needs _____.
- A. a night rest
C. **a night's rest**
- B. a rest night
D. a rest of night
8. This post card was sent by _____.
- A. a friend my father
C. my father friend
- B. a friend of my father's**
D. my father friend's
9. The railway station is two _____ from our house.
- A. hour's drive
C. hour drive
- B. hours' drive**
D. hours drive
10. He took _____ as to what he should do.
- A. his friend advice
C. an advice of his friend
- B. his friend's advices
D. **his friend's advice**
11. When autumn comes, _____ of most trees turn yellow and then fall down.
- A. leaf
C. **leaves**
- B. leafs
D. leave
12. That bus driver drank two _____.
- A. glass of water
C. **cups of tea**
- B. glasses of waters
D. cup of tea

13. What are you listening to, Jane? _____ or _____?

- A. A music; a news B. A music; news
C. **Music; news** D. Music; a news

14. —Are those _____?

—No, they aren't. They're _____.

- A. **sheep; cows** B. sheep; cow
C. sheeps; cow D. sheeps; cows

15. The fire destroyed all the _____ in the language lab.

- A. furnitures and equipments
B. furniture and equipment
C. furniture and equipments

D. **furnitures and equipment**

II Fill in each blank with the proper form of the words given in the brackets.

1. Nurses should treat the sick and wounded with great (kind) kindness.
2. The new flexible working time system will enable the (employ) employees to work more efficiently.
3. I'll put forward my (suggest) suggestion now so that he can have time to consider it before the meeting.
4. The fast (develop) development of the local economy has caused serious water pollution in this region.
5. Tom has made the (decide) decision to apply for a job in the company.
6. The secretary has been working for the same (manage) manager for over 5 years.
7. Today, e-mail has become an important means of (communicate) communication in daily life.
8. Because of the (improve) improvement in the road conditions, there have been fewer accidents recently.
9. My first (impress) impression of England was that it was a grey and rainy place.
10. After years of hard work, he has grown from a freshman into a professional basketball (play) player.

MODULE 5 Workplace Skills

Letter of Thanks

Brief Explanation: A professional letter of thanks helps develop and maintain relationships professionally. It's important to let colleagues, employers and business partners know that you appreciate their time and effort. Sending a letter of thanks immediately following a job interview, for example, shows your genuine interest in the job. But how to write a good letter of thanks? Let's find it out!

Task A Listening

Listen to an audio clip about the importance of writing a letter of thanks and fill in the blanks.

Taking a (1) moment to say “thank you” can mean a lot. Saying “thank you” might seem like a small thing, but it can have a big (2) impact on building and (3) maintaining professional (4) relationships.

In the business world, expressing (5) gratitude is more than just good manners; it’s a smart strategy. Whether you’re thanking a (6) client for their business, a (7) colleague for their help, or a vendor for their (8) services, sending a thank-you letter shows that you (9) value their contribution and strengthens your (10) connection with them.

Task B Sentence Patterns

How many sentence patterns do you know to express thanks in the business world? Translate the following sentences into English.

1. 非常感谢您的大力协助。

Thank you very much for the great help given.

2. 对您的慷慨大方深表感谢。

Thank you very much for your generosity.

3. 对您为我们所做的一切，请接受我们最真挚的谢意。

Please accept our warmest thanks for what you have done for us.

4. 感谢您的热情款待。

Thank you for your warm hospitality.

5. 感谢您来参加我们公司的周年庆典。

Thank you for attending our company’s anniversary.

Task C Discussion

Discuss with your partner about the following statements. Tick if you agree and cross if you don’t. Sum up the standards of a good business letter of thanks.

- (√) 1. Business letters of thanks should always be written in a formal tone.
 (×) 2. It’s appropriate to use informal language and slang in business letters of thanks.
 (√) 3. Addressing the recipient by their formal title and last name is standard practice in business letters of thanks.
 (√) 4. A business letter of thanks should include specific details about the reason for gratitude.

- (√) 5. It's important to proofread a business letter of thanks for grammar and spelling errors.
- (√) 6. Business letters of thanks should be brief and to the point.
- (√) 7. Business letters of thanks should be sent promptly after receiving a favour or gesture.
- (√) 8. Business letters of thanks should avoid overly emotional language and stick to professional, neutral tones.
- (×) 9. A business letter of thanks should always be written by the highest-ranking individual in the organization.
- (×) 10. A business letter of thanks should be sent only when there is an immediate need or occasion, such as after receiving a gift.

Task D Practice

Read the sample letter of thanks and complete the writing practice.

Mar. 10th, 2024

Dear Mr. Zhang,

Express Thanks in a Direct Way

I'm writing to thank you for your warm hospitality while I was on business in Beijing. If it had not been for your assistance, I would not have had a very enjoyable time there.

Beijing had given me a very pleasant impression. It's unforgettable. And I also like the people and food there. At the same time, I learned a lot after visiting factories and schools.

Again, I'd like to express my sincere thanks to you and look forward to seeing you.

Express Thanks Again

Yours sincerely,
 Thomas Black
 JKM Company

Writing Task: In the name of Carlos Sanchez (Human Resources Manager) to write a letter of thanks to Janine's assistance as the company restructured the marketing team. Express the thanks that Janine can be a part of this team. Her flexibility and dedication will help this company grow.

Reference

Dear Janine,

Thank you so much for all your assistance as we restructured the marketing team. Your help and insight were greatly appreciated as we stepped through the process.

I'm so glad to have you as a part of this team. In the time you have been here, you have helped to make things run smoothly and made our organization more efficient.

I genuinely appreciate your willingness to contribute wherever needed. This kind of flexibility and dedication will help this company grow to its full potential. Thank you again.

Sincerely,
Carlos Sanchez
Human Resources Manager

MODULE 6 Voice of China

Chinese Culture of Gratitude

On the fourth Thursday of November is Thanksgiving Day in the West when people usually express their gratitude, and China also has its own "Culture of Gratitude". Although it does not have a specific day as Thanksgiving Day, the culture of gratitude in China has a long history. Being grateful is a Chinese virtue, as expressed in an idiom "A drop of water in need, shall be returned with a spring in deed" since ancient times, which is important in the Chinese culture and has penetrated into all aspects of people's daily life.

Han Xin was poor and had little to eat as a child because he was an orphan at an early age. A woman in the boy's hometown fed him for several weeks after noticing how hungry and undernourished he was, which helped to restore his health. This left a deep impression on Han Xin.

After many years, Han Xin went on to become one of the empire's biggest stars. But he never forgot the people of his hometown.

And so, after being appointed King of Chu, he went back for a visit. He sought out the woman who had selflessly shared her food with him so many years before. Han Xin gave her 1,000 taels of gold to repay the kindness she had shown him as a child.

Notes

- ① A drop of water in need, shall be returned with a spring in deed.
滴水之恩，当涌泉相报。
- ② Han Xin: a Chinese military general and politician who served Liu Bang during the Chu–Han Contention and contributed greatly to the founding of the Han Dynasty. Han Xin was named as one of the “Three Heroes of the Early Han Dynasty”, along with Zhang Liang and Xiao He.
韩信：楚汉时期为刘邦效力的将领、政治家，对汉朝的建立做出了重大贡献。韩信与张良、萧何并称为汉初三英雄。

Critical Thinking

1. What is the importance of gratitude?
2. Is gratitude an emotion, an action or a feeling?
3. How do you think someone feels when they receive your gratitude?