



“十四五”职业教育国家规划教材



NEW CONCEPT
INTERACTIVE ENGLISH

新理念 (第3版) 交互英语教程 2

新理念交互英语教程 2

(第3版) 主编 章宁 项导 王晓艳

北京邮电大学出版社



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内 容 简 介

《新理念交互英语教程(第3版)》是编者在立足我国高等职业院校英语教育现状、充分把握英语教学实际需求 and 课程建设深刻内涵的基础上,遵循先进的教学理念,借鉴丰富的教学经验精心设计、编写而成的。《新理念交互英语教程(第3版)》教材共分2册,每册含8个单元,每个单元由热身活动、听力和口语练习、阅读、语言应用、职场技能和文化拓展6个模块组成。

编者充分考虑了高等职业教育学生的学习水平和学习特点,科学地控制了教材的难度。本套教材既适合作为高等职业院校公共英语基础课的教材,也可作为自学人员的首选用书。

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随着社会经济的不断进步和产业结构的持续优化，高等职业教育在人才培养中的作用日益凸显，为向社会输送优秀的专业人才贡献了巨大的力量。党的二十大报告明确指出，“教育、科技、人才是全面建设社会主义现代化国家的基础性、战略性支撑。”这一重要论述为高职教育的发展指明了方向，赋予了新的使命。

高职教育作为我国教育体系的重要组成部分，在党的二十大精神的指引下，应积极响应国家战略要求，加快推进教育现代化。要坚持立德树人，培养具有创新精神和实践能力的高素质技术技能人才，为实现中华民族伟大复兴的中国梦提供有力的人才支撑。

在这种背景下，我们特组织职业教育英语教学领域的知名专家、学科带头人、骨干教师等，根据高等职业教育的人才培养目标，参考高等职业教育各专业人才培养方案，基于社会对人才的需求，精心研发了新理念英语系列教材。本系列教材依据教育部颁布的《高等职业教育专科英语课程标准（2021年版）》（简称“新课标”）编写，以全新的视角和丰富的内容为学生打造一个充满活力与挑战的学习平台。本系列教材坚守中华文化立场，努力践行“讲好中国故事、传播好中国声音，展现可信、可爱、可敬的中国形象”，弘扬“一带一路”丝路精神。这不仅仅是传授语言知识的书籍，更是肩负着培养全面发展的高素质人才使命的重要载体。

教材结构

新理念英语系列教材根据实际教学需求，分为新理念交互英语和新理念职业英语两大部分，组成结构如下表所示。

新理念英语 系列教材	新理念交互 英语	综合教程（共2册，配有学习指导与训练和教师用书）
		视听说教程（共2册）
		口语训练教程（共1册）
		听力训练教程（共1册）
	新理念职业 英语	电子商务英语
		智能制造英语
		自动化英语
		……

教材特色

一、新理念交互英语系列教材凸显人文性，弘扬中华优秀传统文化

新理念交互英语系列教材为公共英语基础课教材，通过学习本系列教材，学生们不仅能够提升自身的英语语言能力，包括听、说、读、写、译等各项技能，也能拓宽国际视野，增强跨文化交流意识。

二、新理念职业英语系列教材凸显科学性和实践性

新理念职业英语系列教材为行业英语教材，结合企业对高等职业教育毕业生英语技能的要求，以英语为载体，体现各行业典型的工作流程、工作任务和场景，真正实现职业性与应用性的有机结合，以帮助学生提升职业素养与就业能力。

《新理念交互英语教程（第3版）》编写说明

《新理念交互英语教程（第3版）》是新理念英语系列教材的主干教材，旨在夯实学生的英语语言基础，培养学生树立正确的世界观、人生观和价值观，同时提升职业能力。

一、《新理念交互英语教程（第3版）》的特色

1. 精选主题和素材，遵循课程思政建设要求

本系列教材融入课程思政元素，将知识性、职业性与思政元素有机结合，立足中国现实，讲好中国故事，融入中华优秀传统文化，旨在帮助学生树立文化自信，培养学生的人文素养和道德修养。

2. 立足职业与就业，培养职场语言应用能力

本系列教材贯彻《职业院校教材管理办法》的指导思想，突出职业教育特色，在帮助学生打牢语言基础的同时，重视学生职场涉外语言应用能力的培养，如植入商事管理、商务洽谈、职场交际、求职应聘、商务函件写作、产品介绍等职场环境，以期发展学生的涉外沟通能力。

3. 践行赛证融通，体现专业人才培养内涵

本系列教材根据人才培养目标，将高等职业院校英语口语技能大赛及高等学校英语应用能力考试的题型融入教材口语、听力、阅读、写作训练等模块，立足提高学生的实践技能水平及职业发展能力，培养学生的创新思维与解决问题的能力。

4. 立体化教学资源，满足线上线下混合教学需求

本系列教材积极推进党的二十大提出的“教育数字化”，配有完备的立体化教学支持系统，包括内容丰富的教学资料包（含教学课件、教学音频、课文翻译、课程思政和语法视频，等等）、线上教学平台、自主学习交互平台等，方便师生利用现代信息技术手段进行辅助教学和学习。

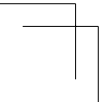
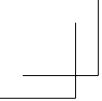
二、《新理念交互英语教程（第3版）》的结构

模 块	说 明
Warming-up	本模块以富有文化内涵的图片或实践性的活动导入，并辅以开放性讨论、古诗文赏析等引入单元主题，旨在激发学生学习英语的兴趣
Listening and Speaking	本模块提供听力和口语练习。听力素材语言地道，并依照高等学校英语应用能力考试 A 级听力题型设置练习题。口语练习参考职业院校英语口语技能大赛题型，设置图表描述、辩论等题型，旨在强化学生的语言输入输出与背景知识构建能力
Reading and Thinking	本模块分为 Task A 和 Task B 两部分。Task A 围绕单元主题设置两篇阅读材料，凝练西方文化，融入中华优秀传统文化，在帮助学生增强语言学习能力的同时引导学生热爱生活、自强不息、奋发有为，充分体现了立德树人根本任务和社会主义核心价值观；Task B 引入职场思考，可操作性强
Language Use	本模块针对本单元重点语言知识设置练习，包括词汇、短语、翻译、语法等，既能让学生巩固所学知识，又能帮助学生提高应试能力
Workplace Skills	本模块包含与职场相关的常见应用文写作，如道歉信、投诉信、邀请函、备忘录、简历等，学生通过练习可掌握相应的写作技巧
Voice of China	本模块融入中华优秀传统文化，讲述中国成就，体现课程思政，旨在帮助学生汲取文化精华，提高跨文化理解与表达能力，坚定文化自信

《新理念交互英语教程（第3版）》由宁波职业技术学院杨林生担任总主编。本册教材由宁波职业技术学院章宁、项导、王晓艳担任主编，由宁波职业技术学院付梦蕤、宁波职业技术学院房思金、甘肃财贸职业学院刘斌、福建林业职业技术学院连颖、重庆艺术工程职业学院胡秋琴担任副主编。

由于编者水平有限，加之时间仓促，书中难免存在不当之处，恳请广大读者在使用后提出宝贵的意见和建议，以便我们及时做出修订。

编 者



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UNIT 1

Life Attitude



A good attitude towards life is very important. It means staying positive, even when things are tough. When we see problems as chances to learn, we become stronger and more adaptable. Being thankful for what we have helps us find happiness. Knowing our own strengths and weaknesses helps us set realistic goals. Accepting that failure is a part of life keeps us moving forward.

Learning Objectives:

Upon completion of this unit, you will be able to:

- ⊙ talk about how to become positive;
- ⊙ understand the meaning of positive attitude;
- ⊙ learn to express life attitudes when facing challenges and difficulties;
- ⊙ write a business letter of apology;
- ⊙ comprehend Chinese culture of positive attitude.

”

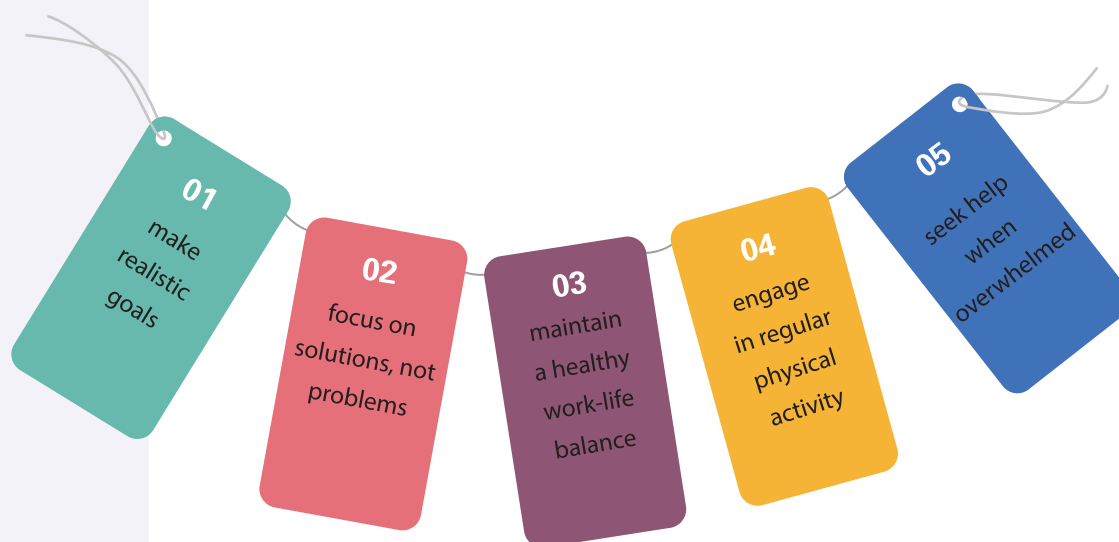


MODULE 1 Warming-up

Task A Discussion

How to Keep a Positive Attitude

Discuss in pairs about how to keep a positive attitude during the college time. Try to use the prompts as follows.



Task B Appreciation

Read the poem below and talk about your personal feelings about it. What can you learn from it?

Hard Is the Way of the World

Li Bai (the Tang Dynasty)

*Hard is the way, hard is the way.
Don't go astray! Whither today?
A time will come to ride the wind and
cleave the waves,
I'll set my cloud-like sail to cross the sea
which raves.*

行 路 难

唐 · 李白

行路难，行路难。
多歧路，今安在？
长风破浪会有时，
直挂云帆济沧海。

MODULE 2 Listening and Speaking

Task A Dialogues

"Life is like a box of chocolates; you never know what you're gonna get." How to face the difficulties and failures in our life? Listen to the dialogues and choose the best answer to each question from the four choices marked A, B, C and D.

Words or Expressions

ambitious /æm'biʃəs/ *adj.* 有抱负的

motivation /məʊti'veɪʃn/ *n.* 动力

put up with 忍受

1. A. They are not used to such cold weather.
B. It is lucky for them to live in Florida.
C. They are going to have a holiday.
D. They have not booked their air tickets yet.
2. A. He is very disappointed.
B. He is highly ambitious.
C. He can't face up to the situation.
D. He knows his own limitation.
3. A. Poverty is not always a bad thing.
B. The poor boy will be sure to succeed.
C. The poor boy will not succeed.
D. Poverty will do harm to the boy's later life.
4. A. She will celebrate her birthday happily.
B. She will invite her friends to celebrate her birthday.
C. She doesn't want to celebrate her birthday.
D. She doesn't know the meaning of "birthday".
5. A. The man should visit the museums.
B. She can't stand the hot weather.
C. The beach resort is a good choice.
D. She enjoys staying in Shanghai.

* 表示该词为基础模块词汇;
** 表示该词为拓展模块词汇;
新课标中未出现的词汇不做
标记

Task B Conversations

As long as you keep a heart full of love for life, feel the meaning of life, and accept life as it is, everything will become different. Listen to the conversations and choose the best answer to each question from the four choices marked A, B, C and D.

Conversation 1

Words or Expressions

mental /'mentl/ *adj.* 精神上的; 思想的

encouragement /ɪn'kʌrɪdʒmənt/ *n.* 鼓励

1. A. Because he lost his self-confidence.
B. Because he didn't work hard for the mid-term exam.
C. Because he didn't pass his final exam.
D. Because he failed his mid-term exam.
2. A. To have a positive mental attitude.
B. To ask more questions.
C. To travel around the world.
D. To ignore the result of the exam.

Conversation 2

Words or Expressions

recommendation /rekəmen'deɪʃn/ *n.* 推荐

overdressed /əʊvə'drest/ *adj.* 过分打扮的

- | | |
|-----------------------------|-------------------------|
| 3. A. Disappointed. | B. Excited. |
| C. Nervous. | D. Confident. |
| 4. A. A copy of his CV. | B. An application form. |
| C. A recommendation letter. | D. A recent photo. |
| 5. A. Fashionably. | B. Casually. |
| C. Formally. | D. Overdressed. |

Task C Passage

Thomas Edison's success was driven by his relentless perseverance and innovative thinking, exemplified by his famous quote, "I have not failed. I've just found 10,000 ways that won't work." Listen to the passage and complete the answers with a word or a short phrase.

Words or Expressions

fascinated /'fæsmeɪtɪd/ *adj.* 入迷的

set up 建立

* laboratory /lə'bɒrətəri/ *n.* 实验室** genius /'dʒiːniəs/ *n.* 天才perspiration /pɜːspə'reɪʃn/ *n.* 汗水

light bulb 电灯泡

1. Who was Thomas Edison?

He was probably the _____ in American history.

2. What did Edison's teachers complain about when he first attended school?

His teachers complained that he was "too slow" and _____.

3. What was Edison interested in when he was young?

The young Edison was fascinated by _____.

4. What did Edison do at the age of 10?

At the age of 10, he set up his first _____.

5. How many times did Edison try to get the light bulb to work?

When he invented the light bulb, he tried over _____ experiments before he got it to work.

Task D Debate

Background: It is true that a positive life attitude plays a crucial role in shaping an individual's experiences, outcomes, and overall well-being. But hard work is also very important because it helps us achieve our goals and improve ourselves. Some think that a positive attitude is more important while others believe that hard work is more important.

Question: As a college student, which one is more important, a positive life attitude or hard work?

Pro: A positive attitude is more important.

Con: Hard work is more important.

Words or Expressions You May Use:

boost confidence and motivation

improve study efficiency

reduce stress and anxiety

build and maintain strong interpersonal relationships

better handle failures and setbacks

essential for mastering professional skills and knowledge

foundation for career development

necessary to remain competitive and successful



Word List

undergo /ˌʌndə'ɡəʊ/ v. 经历; 经受; 遭受
surgical /'sɜ:dʒɪkl/ adj. 外科的; 手术上的
reconstruction /ˌrɪkən'strʌkʃn/ n. 修复; 再建
progressive /prə'ɡresɪv/ adj. 逐渐的; 发展中的; 进步的
neurological /ˌnjuərə'lɒdʒɪkl/ adj. 神经病学的
disorder /dɪs'ɔ:də(r)/ n. 疾病; 失调, 紊乱; 混乱; 杂乱
brace /breɪs/ n. 矫正器; 支柱; 支架
awkward /'ɔ:kwəd/ adj. 尴尬的
* embarrassed /ɪm'beərəst/ adj. 尴尬的; 窘迫的
endure /ɪn'djuə(r)/ v. 容忍; 忍耐
* physical /'fɪzɪkl/ adj. 身体的; 体力的; 物质的
** therapy /'θerəpi/ n. 疗法; 治疗
** surgery /'sɜ:dʒəri/ n. 外科手术
* cooperate /kəʊ'pəreɪt/ v. 配合; 合作
elimination /ɪˌlɪmɪ'neɪʃn/ n. 除去; 消除
privilege /'prɪvəlɪdʒ/ n. 荣幸; 特别恩典; 特权

MODULE 3 Reading and Thinking

Task A Reading

Text A

Determined to Face Misfortune

- 1 Erin Black, a 17-year-old girl, has undergone complete surgical reconstructions of both feet due to a progressive neurological disorder. She is mature beyond her years and has always faced her disease head-on. Her doctor said, "She is an example that patients' outcomes can be better when their attitudes are better."
- 2 Erin was diagnosed with Type 1A CMT at age 7. "I was a toe walker, simply because my hamstrings are a lot shorter and tighter," she said. "I couldn't run or do things that most kids did. It was very clear that I was different."
- 3 As Erin grew older, through middle school and into her early high school years, the pain of walking grew worse. She has tried every form of support possible—from braces on each lower leg, to a wheelchair when required to cross a larger area, like an amusement park. The worst, in her view, were walking canes which she used like ski poles, for balance. "I needed them, because I would fall down all the time," she recalled. "But I hated them, especially in middle school. That's an awkward age anyway and I felt so embarrassed."
- 4 As the years passed, Erin—who has endured thousands of hours of physical therapy throughout her life—knew that surgery would be a possibility. Erin and her parents cooperated well with the doctor, which is very important for the doctor to skillfully manage the disease.
- 5 And she was ready, for her first surgery, on her right foot, in August of 2023. The doctor performed a complete reconstruction of her foot, even using healthy muscles and nerves from other parts of her body and transplanting them into her feet. Although the recovery process was long and painful, Erin realised almost immediately that her life would be different.
- 6 The success of her first surgery—especially the elimination of most of the pain she's endured for over a decade—encouraged her to have the same procedure on her left foot, which was performed in June 2024.
- 7 Erin's recovery is slow and steady but hasn't prevented her from her favourite pastimes—



singing in the school chorus, playing instruments in the band, volunteering and socialising with countless friends. "Sometimes people feel sorry for me, but frankly, I now see this disease as a privilege. It taught me how to handle the things we face in life."

Notes

- ① She is mature beyond her years and has always faced her disease head-on.
她比实际年龄成熟得多，总是勇敢地面对疾病。

beyond 在此句中为介词，意为年龄“超出；超过”。head-on 在此句中为副词，意为“正面地；迎面地”。

e.g. She doesn't believe that people can live beyond 100. 她不相信人能活到一百岁以上。

Try to settle the problem head-on. 尽量正面处理问题。

- ② Although the recovery process was long and painful, Erin realised almost immediately that her life would be different.
尽管恢复过程漫长而痛苦，但艾琳几乎立刻意识到她的生活将会不同。

although 意为“尽管”，可放在句首或句中，但不与 but、and 或 however 连用。引导让步状语从句时，可以与 though 互换，though 作副词时，意为“不过，然而”，可放在句末。

e.g. Although the paintings were locked in a strong box, the thieves stole them without any difficulty. 尽管这些画被锁在一个结实的箱子里，小偷还是毫不费力地把它偷走了。

Our team lost. It was a good game though. 我们队输了，不过这是一场不错的比赛。

Useful Phrases and Expressions

beyond one's years 超过某人的年龄

face (...) head-on 勇敢地面对

be diagnosed with 被诊断出

toe walker 脚趾走路

cooperate well with 与……配合好

prevent... from... 防止；阻止；

预防

Reading Comprehension

Complete the summary according to the text.

Erin is much more mature than her age because of her experience. She has ① _____ complete surgical reconstructions of both feet ② _____ a disease. Erin was ③ _____ with Type 1A CMT at age 7. Erin felt ④ _____ when she was in middle school because she was a toe walker. As the years passed, Erin knew that ⑤ _____ would be a possibility. Erin and her parents' ⑥ _____ was very important for the treatment of her illness. She is an example that patients' outcomes can be better when their ⑦ _____ are better. Erin had two ⑧ _____ respectively on her right foot and left foot. She was very ⑨ _____ and has always faced her disease ⑩ _____.

Text B

Word List

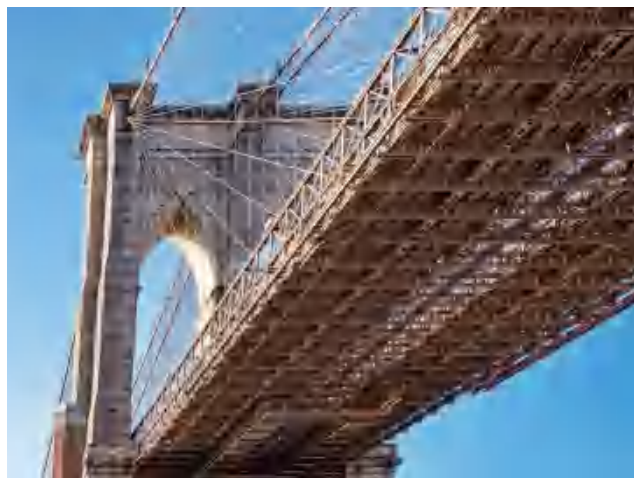
persistence /pə'sɪstəns/ *n.* 坚持; 执着
 * practical /præktɪkl/ *adj.* 切实可行的
 persuasion /pə'sweɪʒn/ *n.* 劝说; 说服
 * convince /kən'vɪns/ *v.* 使确信; 使信服; 说服; 劝说
 ** accomplish /ə'kʌmplɪʃ/ *v.* 完成
 * overcome /əʊvə'kʌm/ *v.* 克服; 解决; 战胜
 handicap /'hændɪkæp/ *n.* 生理缺陷; 残疾
 discourage /dɪs'kʌrɪdʒ/ *v.* 使灰心; 使泄气; 阻拦
 communication /kə'mju:nɪ'keɪʃn/ *n.* 交流; 通信; 信息
 tribute /'trɪbjʊt/ *n.* 敬意; 贡品; 称赞
 triumph /'traɪʌmf/ *n.* 巨大成功; 重大胜利
 determination /dɪ,tɜ:mrɪ'neɪʃn/ *n.* 决心; (正式) 决定; 定位
 ** circumstance /'sɜ:kəmstəns/ *n.* 环境; 条件; 状况
 distant /'dɪstənt/ *adj.* 遥远的

Useful Phrases and Expressions

throughout the world 全世界
 manage to 设法成功地做成 (某事)
 under way 已经开始; 在进行中
 result in 造成; 导致
 in spite of 不管; 尽管
 make use of 使用; 利用
 tap out 输出 (信息、数字、字母等)

Result of Persistence

- 1 In the 1860s, a German-born engineer named John Augustus Roebling was inspired by an idea to build a great bridge connecting New York City with Brooklyn. However, bridge building experts throughout the world thought that this was an impossible task and told Roebling to forget the idea. They said it was not practical and it had never been done before.
- 2 Roebling could not forget the vision and after much discussion and persuasion he managed to convince his son Washington, an up-and-coming engineer, that the bridge in fact could be built. Working together for the first time, the father and son developed concepts of how it could be accomplished and how the difficulties could be overcome.
- 3 The project started well, but when it was only a few months under way, an accident on the site took the life of John Roebling. Washington was injured and left with a certain amount of brain damage, which resulted in his not being able to walk or talk or even move.
- 4 In spite of his handicap, Washington was never discouraged and still had a burning desire to complete the bridge and his mind was still as sharp as ever. But all he could do was move one finger and he decided to make the best use of it. By moving this, he slowly developed a code of communication with his wife. He touched his wife's arm with that finger, indicating to her that he wanted her to call the engineers. Then he used the same method of tapping her arm to tell the engineers what to do. It seemed foolish but the project was under way again.
- 5 For 13 years Washington tapped out his instructions with his finger on his wife's arm, until the bridge was finally completed. Today the great Brooklyn Bridge stands in all its glory as a tribute to the triumph of one man's strong spirit and his determination not to be beaten by difficult circumstances.
- 6 Perhaps this is one of the best examples of a never-say-die attitude that overcomes a terrible physical handicap and achieves an impossible goal. Even the most distant dream can be realised with determination and persistence.

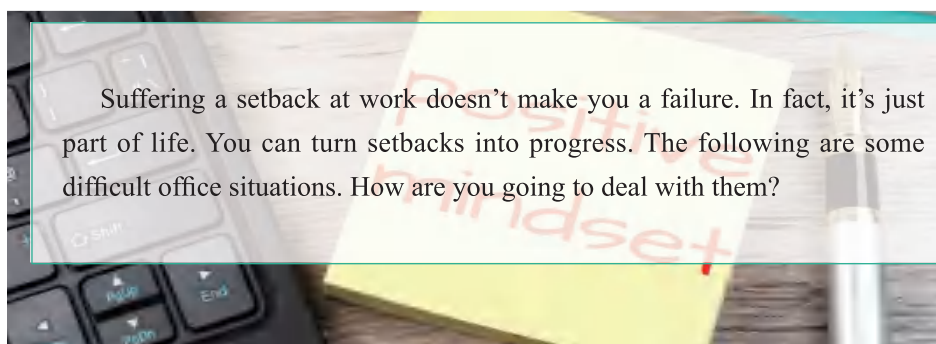


Reading Comprehension

Decide whether each of the following statements is true (T) or false (F) according to the text. Give evidence to support your answers.

- ☐ 1. No bridge building expert thought Roebling's idea of building Brooklyn Bridge practical.
- ☐ 2. Washington believed that Brooklyn Bridge could be built at first.
- ☐ 3. John Roebling and Washington discussed how to build the bridge in the beginning but they didn't consider the obstacles that would be encountered.
- ☐ 4. After the accident, Washington's ability to think was no slower than before.
- ☐ 5. Washington could not have completed the Brooklyn Bridge without the help of his wife.

Task B Thinking



Ways to Deal with the Setbacks at Work

Situation 1

You're struggling with your tasks because you don't know how to use the software properly and your company does not provide sufficient training.

Situation 2

You and your colleagues often hold different opinions on certain issues and it's been slowing down the team.

Situation 3

You find it hard to keep a good work-life balance. You always have to work overtime to finish your work and you are asked to respond to e-mails and texts when you're off work.

Situation 4

One of your big clients decides to go elsewhere and doesn't need your services anymore.

Situation 5

A customer is complaining about delayed shipping and would like to cancel the order.



MODULE 4 Language Use

Task A Words and Their Formations

I Fill in each of the blanks with the words given.

surgical (*adj.*) surgery (*n.*) surgically (*adv.*)

1. They advised her to _____ alter her appearance and start a new life.
2. The young man is in need of _____ treatment.
3. My grandma underwent open-heart _____ last year.

progress (*v.*) progressive (*adj.*) progression (*n.*)

1. Both drugs slow the _____ of HIV.
2. In this way, our sciences will _____ faster than before.
3. A _____ change happens gradually over a period of time.

skill (*n.*) skillful (*adj.*) skillfully (*adv.*)

1. The artist _____ uses the wet weather to create a gloomy atmosphere.
2. Training schemes were being started to make the youth _____.
3. This job requires a lot of _____.

persuade (*v.*) persuasive (*adj.*) persuasion (*n.*)

1. I'm not fully _____ by the evidence.
2. All of our _____ was of no use.
3. The professor raised a _____ argument.

complete (*v.*) completion (*n.*) completely (*adv.*)

1. The _____ of the building work is taking longer than expected.
2. When will the railway be _____?
3. Our experiences are _____ different.

persist (*v.*) persistence (*n.*) persistent (*adj.*)

1. She finally married the most _____ one of her admirers.
2. I hope you will _____ in your efforts.

3. By pure _____ I eventually got her to change her mind.

discourage (v.) courage (n.) encourage (v.)

1. A poetry competition is held each month in this school to _____ students to write and compose poetry.
2. It takes great _____ to openly express one's weakest and most private moments.
3. Limited public awareness may affect social support and _____ active participation from local citizens.

comfortable (adj.) uncomfortable (adj.) comfortably (adv.)

1. The temperature is maintained at around 20°C, providing a _____ growing environment for the crops.
2. A group of old friends get together and chat _____.
3. I felt _____ with my fast-paced work. I need some time to rest.

possibility (n.) possible (adj.) possibly (adv.) impossible (adj.)

1. Is it _____ to move faster than the speed of light?
2. There was a _____ that they had taken the wrong road.
3. It was _____ to open the box because no one knew the password.
4. Could you _____ meet me at the airport tomorrow at four in the afternoon?

convince (v.) convincing (adj.) convincingly (adv.)

1. We want to come up with a reasonable and _____ proposal in a more transparent manner.
2. I _____ my parents that it is a good idea for them to live with me.
3. She talked _____ about what needed to be done.

II Complete the sentences with the proper form of the given words.

undergo awkward endure handle throughout
practical convince accomplish overcome circumstance

1. It was a(n) _____ moment when he realised he had forgotten his class presentation.
2. The boy needed to _____ his fear of public speaking to present his project.

- 3. In every _____, my aunt tried to maintain a positive attitude.
- 4. Lucy had to _____ herself that she was capable of succeeding in the course.
- 5. _____ the semester, Ann remained focused on her academic goals.
- 6. With hard work, they managed to _____ all their assignments on time.
- 7. The professor gave us _____ advice on how to manage our time effectively.
- 8. He learned how to _____ stressful situations better with practice.
- 9. The students had to _____ the long hours of study to prepare for their exams.
- 10. We had to _____ several changes before we could adjust to the college life.

Task B Phrases and Their Uses

I Match each phrase in Column A with its corresponding Chinese meaning in Column B.

A

undergo such an unpleasant experience
beyond one's years
endure being defeated
handle problems efficiently
cooperate well with
accomplish a plan
manage to finish the assignment
an up-and-coming violinist
overcome the difficulties
a burning ambition

B

忍受失败
设法完成任务
克服困难
完成计划
很有前途的小提琴家
有效地处理问题
遭遇到这种不愉快的经历
雄心勃勃
超过某人的年龄
与……配合好

II Fill in each blank with an appropriate phrase given below. Change the form if necessary.

beyond one's years toe walker be diagnosed with cooperate with
prevent from result in in spite of make use of
under way tap out

- 1. The semi-finals of the track and field events are _____.
- 2. The most effective way to _____ the infection is to stop the adherence of it to the host cell.
- 3. Acting before thinking always _____ failure.

4. She was a fresh graduate, but her intelligence was far _____.
5. The secretary _____ a telegraph message within ten seconds.
6. They decided to _____ advertisements to promote the new product.
7. The businessman plans to _____ industrial parks so that his workers can have a space to study outside of work.
8. Being a _____ does not mean he has a neurological problem.
9. _____ our repeated warnings, he still went his own way.
10. The baby _____ a dairy intolerance when she was six months old.

Task C Translation

I Choose the best translation for each sentence according to the context.

1. She is an example that patients' outcomes can be better when their attitudes are better.
A. 她是这样一个榜样，病人的结果会更好，当他们的态度更好时。
B. 她是一个例子，当病人的意见更合理时，他们的结果会更好。
C. 当病人的态度好一些时，他们的结果也会更好。她就是这样一个例子。
2. Sometimes people feel sorry for me, but frankly, I now see this disease as a privilege. It taught me how to handle the things we face in life.
A. 有时人们会为我感到遗憾，但坦率地说，我现在把这种疾病视为一种特权。它教会了我如何处理生活中的事情。
B. 有时人们会同情我，但坦白地说，我现在把这种疾病视为一种殊荣。它教会了我如何处理生活中面对的事情。
C. 有时人们会为我感到难过，但坦率地说，我现在把这种疾病视为一种幸运。它教会了我如何处理生活中面对的事情。
3. Working together for the first time, the father and son developed concepts of how it could be accomplished and how the difficulties could be overcome.
A. 父子俩第一次合作，共同确定了大桥的建筑完成方案 and 解决困难的方法。
B. 第一次一起工作，父亲和儿子完成了大桥的建筑方案并找到了解决困难的方法。
C. 父子俩第一次合作，明确了完成大桥及解决困难的想法。
4. The project started well, but when it was only a few months under way, an accident on the site took the life of John Roebling.
A. 工程开始进行得很顺利，但是仅进行了几个月，就发生了一场车祸，约

翰·罗布林也因此丧生。

B. 工程开始进行得很顺利, 但是仅在还有几个月竣工时, 工地上的一场事故夺走了约翰·罗布林的生命。

C. 工程开始进行得很顺利, 但是在仅进行了几个月时, 工地上的一场事故夺走了约翰·罗布林的生命。

5. Perhaps this is one of the best examples of a never-say-die attitude that overcomes a terrible physical handicap and achieves an impossible goal.

A. 可能这就是个永不言败的例子, 只要有毅力, 即使身体严重残疾也能实现理想。

B. 或许这就是以永不言败的态度克服严重的身体残疾, 实现遥不可及的目标的一个最好例证。

C. 或许这就是个最好的例子, 说明人的态度很重要, 可以克服严重的残疾并实现很难实现的目标。

II Complete the sentences according to the Chinese information in the brackets.

1. I'm nervous about having to make a presentation to the entire board, but _____ (这是我将直面的挑战).

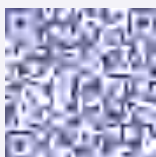
2. Marketing, _____ (在我看来), is more important than ever.

3. The girl _____ (设法) persuade her parents.

4. I hope _____ (我有幸) working with you on this project.

5. Experiments are _____ (正在进行) to develop technologies for exploiting this resource.

Task D Grammar Focus



Scan the QR code to learn and complete the following exercises about the usage of attributive clauses.

I Determine whether relative clauses in the following sentences are restrictive or non-restrictive. Then punctuate the sentences where necessary and translate them into Chinese orally.

1. My wife who works as a journalist is an excellent cook.

2. She is a woman who is beautiful and kind.

3. The man (whom) she's getting married to is an engineer.

4. She had eight children three of whom lived to grow up.

5. There is no man that has no shortcoming.

6. He invited us to dinner which was very kind of him.
7. Peter Smith who lives in Bradford rang you earlier.
8. They explained the reason why they had hated us before.

Restrictive Relative Clauses: _____

Non-restrictive Relative Clauses: _____

II Fill in the blanks with proper relative pronouns (and commas where necessary).

1. The British police _____ carry guns are highly trained.
2. I gave her a piece of cake _____ she ate greedily.
3. I don't like having to talk to people _____ I've never met before.
4. I'll show you the photographs _____ I took on my last holiday.
5. Those _____ know how to use time will learn most.
6. He admires Mrs Brown _____ surprises me.
7. Politicians _____ deceive the public are a dishonourable bunch of people.
8. My cat _____ likes to sleep in front of the fire all day, is getting a little overweight.

III Combine each group of sentences into one containing a relative clause.

1. You sent me a present. Thank you very much for it.

2. He changed his mind. It made me very angry.

3. I was sitting in a chair. It suddenly collapsed.

4. Peter had been driving all day. He suggested stopping at the next station.

5. She said that the men were thieves. This turned out to be true.

MODULE 5 Workplace Skills

A Business Letter of Apology

Situation: Ophelia is a saleswoman of a foreign trade company, and the delivery of a product which she is in charge of is delayed due to logistics problems. She needs to write a letter of apology.



What Is a Business Letter of Apology?

Apologising can be an important part of successful workplace communication. When a mistake is made, acknowledging it quickly and sincerely helps maintain trust with clients, colleagues, or partners. An apology demonstrates that you take the issue seriously and are committed to resolving it. This not only helps repair any damage but also strengthens the relationship by showing accountability. In business, everyone makes mistakes, but how you respond can make a big difference. A well-crafted apology can turn a negative situation into an opportunity to build even stronger connections.

Task A Listening

Ophelia is discussing with her supervisor about how to write the letter of apology. Listen to the dialogue and fill in the blanks.

Ophelia: Good morning, supervisor. I'm facing a problem. The (1) _____ of our goods has been delayed because of logistics issues, and I need to write an apology letter to our clients. But I'm not sure how to start.

Supervisor: Well, first of all, you should be (2) _____ in the letter. Start by clearly stating the reason for the (3) _____, which is the logistics problems in this case.

Ophelia: OK. Should I mention the (4) _____ logistics problems?

Supervisor: I don't think it's necessary to go into too much detail. Just say that there were (5) _____ logistics issues that were (6) _____.

Ophelia: Right. And how about expressing our (7) _____?

Supervisor: You can use expressions like "We sincerely (8) _____ for the inconvenience caused by this delay." It shows that we take responsibility for the situation.

Ophelia: What about the solution? Do I need to mention what we are going to do to (9) _____?

Supervisor: Yes, definitely. Let the clients know that you are doing everything possible to (10) _____ the delivery process. For example, "We are working closely with the logistics company to ensure the goods are delivered as soon as possible."

Ophelia: Thank you, supervisor. This really helps me a lot.

Supervisor: Don't mention that. Make sure to proofread it carefully before sending it out.

Task B Sentence Patterns

How many sentence patterns do you know to express apologies in the business world? Try your hands to translate the following sentences into English.

1. 因延迟交付您的订单给您带来了不便，请接受我们诚挚的歉意。

2. 经过详细调查，我们将原因归结为意外的物流问题。

3. 为了确保这种情况不再发生，我们已经采取措施解决这些问题。

4. 如果您有任何其他问题，请随时与我们联系。

5. 我真诚地道歉，希望我们能继续保持积极的工作关系。

Task C Discussion

Discuss with your partner about the following statements. Tick if you agree and cross if you don't. Sum up the standards of a good business letter of apology.

- () 1. A business letter of apology should be written as soon as possible after the mistake occurs.
- () 2. It is acceptable to make excuses for the mistake in a business letter of apology.
- () 3. The tone of the letter should be casual and friendly to appear sincere.
- () 4. Taking responsibility in an apology letter helps build trust.
- () 5. Providing a detailed explanation of the mistake is necessary in every apology letter.
- () 6. Offering a solution to the problem is an important part of the apology.
- () 7. It's okay to skip proofreading the letter if you're in a hurry.
- () 8. Asking for forgiveness and providing assurance should be included in the letter.
- () 9. A good apology letter should include a promise to follow up if needed.
- () 10. The main goal of a business letter of apology is to avoid any blame.

Task D Practice

Read the sample business letter of apology and complete the writing practice.

Jan. 6th, 2025

Dear Mr Jackson,

Express Apologies in a Direct Way

↓

I am writing to extend my sincere apologies for the delay in the delivery of your order.

At JKM Company, we take pride in ensuring our customer's satisfaction. Unfortunately, we did not meet your expectations. Upon thorough review of the situation, we narrowed the cause to unexpected logistical challenges.

Acknowledge the Mistake

↑

To ensure that this will never happen again, we have already taken steps to address the issues with our logistics partners to ensure a smoother process moving forward.

Clarify the Measures You've Taken

↑

Offer a Remedy to Make Amends

↓

Because of this serious oversight, we are going to provide you with a discount on your next order. We deeply value your relationship with our company. If you have any further questions, please feel free to contact us at stevenli@jkmcompany.com. I sincerely apologise and hope we can continue to have a positive working relationship. Thank you for your understanding!

Offer the Contact Way and Express the Hope to Further Cooperation

↑

Best regards!

Yours sincerely,
 Steven Li
 JKM Company

Writing Task: In the name of Mary Smith (ABC Company), write a letter of apology to the client named John Brown, expressing the apology that the incorrect items were shipped. The following aspects should be included in the letter:

- * acknowledge the mistake and express sincere regret
- * explain the steps taken to prevent similar issues in the future
- * offer a remedy to make amends (a full refund, 20% discount on the next order)
- * offer the contact way (e-mail address: marysmith@abccompany.com) and express the hope for further cooperation

MODULE 6 Voice of China

The Open-minded Su Dongpo

Su Dongpo was one of the most renowned scholars and literary masters of the Song Dynasty. Even though he faced many difficulties in his whole life, he always kept a positive attitude.

Throughout his life, Su Dongpo faced no shortage of adversity. He was frequently in trouble because of politics, exiled many times, and even imprisoned for a while. Yet, no matter the circumstances, he refused to let life's challenges weaken his enthusiasm for living.

"The best way to live is to be happy with what you have," Su Dongpo would say. "Whether you live in a palace or a small house, the secret is to enjoy the present moment." During his years in exile, he found joy in simple things—the chirping of birds, the rustling of leaves—brought him greater joy than the trappings of power and status.

"I may have lost my official title, but I have gained the world," he would say with a smile. "For what use are empty honours when the heart is burdened with worry and discontent?"

Su Dongpo's ability to find happiness in the face of adversity deeply inspired all who knew him. His writings were full of life and happiness. And Dongpo Pork, a tasty pork dish created by him, is still a beloved part of Chinese cuisine. Even centuries later, his wisdom still reminds us all to embrace life's joys and face its challenges with a resilient spirit.

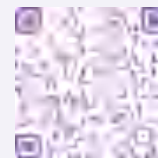
"The true path lies not in the pursuit of fame or fortune," Su Dongpo once wrote, "but to have peace inside yourself. If you can be content with what you have now, then you have discovered the key to a good life."

Notes

Throughout his life, Su Dongpo faced no shortage of adversity. He was frequently in trouble because of politics, exiled many times, and even imprisoned for a while.
苏东坡一生面临不少逆境。由于政治原因，他经常陷入困境，多次被流放，甚至被监禁了一段时间。

Critical Thinking

1. What did Su Dongpo believe was the "secret" to living a good and happy life? Explain his philosophy in your own words.
2. Reflect on a time when you were able to find joy or meaning in the simple, everyday things in your life, even during a challenging period. What lessons did you learn from that experience?



Word List

scholar /'skɒlə(r)/ *n.* 学者

literary /'lɪtərəri/ *adj.* 文学的

adversity /əd'vɜːsəti/ *n.* 逆境；困境

exile /'eksail/ *v.* 放逐；流放
n. 流放

imprison /ɪm'prɪzn/ *v.* 监禁；关押

chirping /'tʃɜːpɪŋ/ *n.* 鸟叫声；啁啾声

rustling /'rʌslɪŋ/ *n.* 沙沙声；簌簌声

discontent /,dɪskən'tent/ *n.* 不满；不满足

cuisine /kwɪ'ziːn/ *n.* 菜肴；风味

resilient /rɪ'zɪliənt/ *adj.* 有适应力的



Check Your Progress

Tick (✓) what you can do after learning this unit.

I can ...

- ☐ talk about how to keep a positive attitude during the college time.
- ☐ discuss how to face the difficulties and failures in our life.
- ☐ get to know how to balance work and personal life while staying motivated.
- ☐ learn some ways to deal with the setbacks at work.
- ☐ write a business letter of apology.
- ☐ feel Su Dongpo's attitude towards life.

Besides the above, what else have you learned?