

“十四五”职业教育国家规划教材配套用书



总主编 杨林生
主 编 章 宁
项 导
王晓艳

NEW CONCEPT
INTERACTIVE ENGLISH

新理念

交互英语学习指导与训练 2

(第3版)

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内 容 简 介

《新理念交互英语学习指导与训练 2(第 3 版)》是《新理念交互英语教程 2(第 3 版)》的配套同步学习辅导用书,全书共分 8 个单元,每个单元由 Basic Training(基础训练)和 Skill Development(能力拓展)两部分组成。基础训练部分包括 Listening(听力)、Words and Expressions(词汇和短语)和 Grammar(语法)练习;能力拓展部分包括 Reading Comprehension(阅读理解)、Translation(翻译)和 Writing(写作)练习。书后附有高等学校英语应用能力考试(A 级)大纲、样卷和词汇。

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随着社会经济的不断发展和产业结构的持续优化，高职教育在人才培养中的作用日益凸显，为社会输送优秀的专业人才贡献了巨大的力量。党的二十大报告明确指出：“教育、科技、人才是全面建设社会主义现代化国家的基础性、战略性支撑。”这一重要论述为高职教育的发展指明了方向，赋予了新的使命。

高职教育作为我国教育体系的重要组成部分，应积极响应国家战略要求，加快推进教育现代化。要坚持立德树人，培养具有创新精神和实践能力的高素质技术技能人才，为实现中华民族伟大复兴的中国梦提供有力的人才支撑。

在这种背景下，编者根据高等职业教育的人才培养目标，参考高等职业教育各专业人才培养方案，基于社会对人才的需求，精心研发了新理念英语系列教材。本系列教材依据教育部颁布的《高等职业教育专科英语课程标准（2021年版）》（简称“新课标”）编写，以全新的视角和丰富的内容为学生打造了一个充满活力与挑战的学习平台。本系列教材坚守中华文化立场，努力践行“讲好中国故事、传播好中国声音，展现可信、可爱、可敬的中国形象”，弘扬“一带一路”丝路精神。这不仅仅是传授语言知识的书籍，更是承载着培养全面发展的高素质人才使命的重要载体。

教材结构

新理念英语系列教材根据实际教学需求，分为新理念交互英语和新理念职业英语两大部分，组成结构如下表所示。

新理念英语系列教材	新理念交互英语	综合教程（共2册，配有学习指导与训练和教师用书）
		视听说教程（共2册）
		口语训练教程（共1册）
		听力训练教程（共1册）
	新理念职业英语	电子商务英语
		智能制造英语
		自动化英语
	

教材特色

一、新理念交互英语系列教材凸显人文性，弘扬中华优秀传统文化

新理念交互英语系列教材为公共英语基础课使用的教材，学生通过学习本系列教材，可以提升听、说、读、写、译等各项语言技能，拓宽国际视野，增强跨文化交流意识。

二、新理念职业英语系列教材凸显科学性和实践性

新理念职业英语系列教材为行业英语，结合企业对高等职业教育毕业生英语技能的要求，以英语为载体，展示各行业典型的工作流程、工作任务和场景，体现职业性与应用性，旨在提升学生的职业素养与就业能力。

《新理念交互英语教程（第3版）》编写说明

《新理念交互英语教程（第3版）》是新理念英语系列教材的主干教材，旨在帮助学生夯实英语语言基础，树立正确的世界观、人生观和价值观，提升职业素养与能力。

一、《新理念交互英语教程（第3版）》的特色

1. 精选主题和素材，遵循课程思政建设要求

本系列教材融入课程思政元素，将知识性、职业性与思政元素有机结合，立足中国现实，讲好中国故事，融入中华优秀传统文化，旨在帮助学生树立文化自信，培养学生的人文素养和道德修养。

2. 立足职业与就业，培养职场语言应用能力

本系列教材贯彻《职业院校教材管理办法》的指导思想，突出职业教育特色，在帮助学生打牢语言基础的同时，重视学生职场涉外语言应用能力的培养，如植入商事管理、商务洽谈、职场交际、求职应聘、商务函件写作、产品介绍等职场环境，以期发展学生的涉外语言沟通能力。

3. 践行赛证融通，体现专业人才培养内涵

本系列教材根据人才培养目标，将职业院校英语口语技能大赛及高等学校英语应用能力考试的题型融入教材口语、听力、阅读、写作训练等板块，立足提高学生的就业能力及职业发展能力，融通学生的英语语言能力与职业技能。

4. 提供立体化教学资源，满足线上线下混合教学需求

本系列教材积极推进党的二十大提出的“教育数字化”建设，配有完备的立体化教学支持系统，包括内容丰富的教学资料包（含教学课件、教学音频、课文翻译、课程思政视频和方案、语法视频，等等）、线上教学平台、自主学习交互平台等，方便师生利用现代信息技术手段进行辅助教学和学习。

二、《新理念交互英语学习指导与训练2（第3版）》的结构

本书为《新理念交互英语教程2（第3版）》的配套同步学习辅导用书，全书共分8个单元。其内容分为 Part I Basic Training（基础训练）和 Part II Skill Development（能力拓展）两个部分。

Part I Basic Training（基础训练）部分包括 Listening（听力）、Words and Expressions（词汇

和短语)和 Grammar(语法)三部分。Listening 是针对《新理念交互英语教程 2(第 3 版)》的单元话题设置的听力练习,包括选择题和短文填空题。Words and Expressions 主要考查《新理念交互英语教程 2(第 3 版)》课文中出现的重点单词、短语等的用法。Grammar 与《新理念交互英语教程 2(第 3 版)》中 Language Use 中的语法练习项目一致,帮助学生进一步巩固语法知识。

Part II Skill Development(能力拓展)部分包括 Reading Comprehension(阅读理解)、Translation(翻译)和 Writing(写作)三部分。

Reading Comprehension 包括四个篇章。第一篇章为与主教材话题相关的文章,设有选择题。第二篇章是应用文,一般为海报,设有问答题。第三篇章为应用文,设有填空题。第四篇章为匹配题。此部分题型尽可能体现高等学校英语应用能力考试(A 级)题型,语料丰富,语言地道,内容新颖,并配有解析,便于学生操练和提高阅读理解能力。

Translation 包括两道大题,第一道大题为选择题,第二道大题为段落翻译题。难度与高等学校英语应用能力考试(A 级)一致,且选材与主教材话题相关。此部分主要考查重要单词、短语和翻译技巧。书后附有参考答案和解析,为学生提供了实用的翻译方法。

Writing 针对《新理念交互英语教程 2(第 3 版)》写作部分的内容设置强化练习,针对各单元的应用文写作知识做强化训练。

本书在每个单元后设计了学生学业水平评价表,旨在帮助学生复盘单元学习过程,并能根据自己的表现自我评定,以加强对自我的督促。

本系列教材由宁波职业技术学院杨林生担任总主编,由宁波职业技术学院章宁、项导、王晓艳担任主编;由宁波职业技术学院付梦蕤、房思金担任副主编。由于编者水平有限,书中难免存在不当之处,恳请广大师生在使用后提出宝贵的意见和建议,以便我们及时做出修订。

编者



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Unit 1

Life Attitude

Part I

Basic Training



Listening



I Two students are talking about life attitude. Listen to the conversation and choose the best answer.

1. According to the conversation, what is considered key in life?
A. A negative attitude. B. A positive attitude.
C. A fixed mindset. D. A different perspective.
2. What does “having a growth mindset” mean?
A. Ignoring mistakes. B. Avoiding failures at all costs.
C. Making many mistakes. D. Seeing failures as opportunities to learn.
3. How does the woman stay positive when things get tough?
A. By focusing on the good things in life.
B. By encouraging herself.
C. By writing in a journal.
D. By talking to friends.

II A positive mindset can reduce stress and anxiety, contributing to higher productivity. Listen to the passage and fill in the blanks.

At GreenTech Solutions, the work atmosphere was often tense 1. _____ tight deadlines. One day, Amanda, a new team leader, joined the project. Instead of stressing, she brought a 2. _____ attitude, encouraging her colleagues to share ideas and 3. _____ small wins. When setbacks occurred, Amanda reminded everyone that these were 4. _____ to learn. And soon, the team was cooperating more effectively. By the project's end, they not only met the deadline but also formed strong bonds. Thanks to Amanda's efforts, GreenTech Solutions gradually became a happier, more 5. _____ workplace, proving that a good attitude can change everything.

Words and Expressions**I Complete the following sentences with the correct form of the given words.**

1. The company saw a significant increase in its profits after the _____ (progress) changes in its marketing strategy.
2. The project was a success thanks to the team's _____ (skill) execution of the plan.
3. The athlete's success was fueled by her _____ (determine) to improve her performance.
4. _____ (physics) activity is an important factor in maintaining fitness.
5. Effective _____ (communicate) is essential for fostering collaboration and understanding within a team.

II Translate the following phrases either from English to Chinese or from Chinese to English.

1. undergo surgery _____
2. physical training _____
3. handle a problem _____
4. throughout the day _____
5. accomplish a goal _____
6. 超过某人的年龄 _____
7. 被诊断出 _____
8. 改变观念 _____
9. 坚定的决心 _____
10. 艰苦的环境 _____

III Choose the best answer to complete each of the following sentences.

1. The patient made a rapid _____ after his illness.
A. progress B. development C. recovery D. start
2. The explorers had to _____ much suffering.
A. under B. undergo C. be D. cooperate
3. Her dedication to her craft _____ everyone around her to strive for excellence.
A. inspires B. expires C. causes D. inquires
4. This book took years to _____.
A. conclude B. complete C. close D. end
5. All this prompted us to think out various ways to _____ the difficulties.
A. defeat B. succeed C. beat D. overcome
6. The association launched a campaign to _____ smoking among teenagers.
A. discourage B. discover C. disguise D. discern
7. During our meeting, he _____ his willingness to cooperate.
A. managed B. convinced C. accomplished D. indicated
8. He stopped the car to _____ the boy.
A. pick out B. pick up C. pick off D. pick on

9. I try to convince him _____ the reality of the danger.

- A. for B. with C. of D. as

10. My company is five miles distant _____ my home.

- A. by B. for C. with D. from

Grammar

I Choose the best answer to complete each of the following sentences.

1. The book, _____ I borrowed from the library, is very interesting.

- A. who B. which C. where D. when

2. She is the teacher _____ helped me with my homework.

- A. who B. which C. where D. whose

3. This is the restaurant _____ we ate last night.

- A. that B. where C. which D. when

4. I visited the city _____ my grandparents were born.

- A. who B. that C. where D. when

5. The house _____ we used to live in has been renovated (修复).

- A. which B. who C. where D. when

6. He is someone _____ opinions I respect a lot.

- A. whose B. who C. which D. that

7. The reason _____ I didn't come to the party is that I was feeling unwell.

- A. that B. why C. who D. which

8. This is the house _____ I grew up.

- A. that B. which C. in which D. who

9. She is the teacher _____ I admire the most.

- A. why B. whom C. whose D. which

10. My brother, _____ lives in New York, is visiting us next week.

- A. who B. that C. where D. when

II Decide which of the following sentences in each group is right. You should mark "√" in the brackets before the right sentence, and "×" otherwise.

1. 我去年买的车是红色的。

() The car that I bought last year is red.

() The car which I bought it last year is red.

2. 住在隔壁的女人是医生。

() The woman whose lives next door is a doctor.

() The woman who lives next door is a doctor.

3. 我们看的电影很精彩。

() The movie that we watched was exciting.

() The movie which we watched were exciting.

4. 我朋友是个艺术家, 正在举办展览。
() My friend, that is an artist, is having an exhibition.
() My friend, who is an artist, is having an exhibition.
5. 这是我告诉过你的书。
() This is the book who I told you about.
() This is the book that I told you about.
6. 我们吃晚餐的餐厅很棒。
() The restaurant where we had dinner was fantastic.
() The restaurant which we had dinner was fantastic.
7. 她离开的原因仍然不清楚。
() The reason why she left is still unclear.
() The reason that she left is still unclear.
8. 我最尊敬的老师要退休了。
() The teacher whom I respect the most is retiring.
() The teacher with whom I respect the most is retiring.
9. 我父母住在另一个城市, 他们正在旅行。
() My parents, that live in another city, are travelling.
() My parents, who live in another city, are travelling.
10. 我长大的房子已经卖掉了。
() The house where I grew up has been sold.
() The house which I grew up has been sold.

Part II

Skill Development



Reading Comprehension

- I** After reading the following passage, you will find 5 questions numbered 1 to 5. You should make the best choice from the choices marked A, B, C and D.

Having a positive attitude towards life is very important for our happiness and growth. Our attitude can change how we feel about things and how we respond to challenges. When we think positively, we are more likely to see opportunities instead of problems.

One key part of a positive attitude is being resilient (适应力强的). Life is full of ups and downs, and it's important to bounce back after difficult times. For example, if you do not do well on a test, instead of feeling sad, think of it as a chance to learn. Ask yourself, "How can I do better next time?" This way of thinking helps you improve.

Another important part of a positive attitude is gratitude. Taking a moment each day to think about what you are thankful for can change your outlook on life. Instead of focusing on what you lack, try to appreciate the good things you have. This practice can make you happier and reduce stress.

Surrounding yourself with positive people also helps. Spend time with friends and family who support and encourage you. Their positivity can inspire you to stay hopeful. On the other hand, try to avoid negative people who bring you down.

Setting realistic goals is another way to stay positive. When you set achievable goals, you create a sense of purpose. Celebrate your small successes along the way to keep your motivation high. This will help you maintain a positive mindset as you work towards bigger goals.

Finally, remember that having a positive attitude does not mean ignoring problems. It's important to recognize difficulties and face them. However, how you respond to these challenges is what matters. A positive attitude helps you approach problems with a focus on solutions, making it easier to overcome them.

A positive attitude can greatly improve your life. By practicing resilience, gratitude, and surrounding yourself with supportive people, you can develop a more optimistic outlook. Remember, your attitude is a choice, and choosing positivity can lead to a happier and more fulfilling life.

1. What is a key part of a positive attitude mentioned in the passage?
 - A. Being rich.
 - B. Being popular.
 - C. Being perfect.
 - D. Being capable of withstanding difficulties.
2. How can gratitude affect your outlook on life?
 - A. It helps you focus on good things.
 - B. It makes you feel sad.
 - C. It reduces your goals.
 - D. It increases stress.
3. What should you do if you do not do well on a test?
 - A. Give up studying.
 - B. Blame your teacher.
 - C. Ignore it completely.
 - D. Think of it as a chance to learn.
4. Who should you spend time with to maintain a positive attitude?
 - A. Supportive friends and family.
 - B. People who criticize you.
 - C. Negative people.
 - D. Strangers.

5. What does the passage suggest about setting goals?
- A. Goals should be easy to understand and implement.
 - B. Goals should be realistic and achievable.
 - C. Goals should be big and far-reaching.
 - D. You should not set any goals.

II The following is a poster. After reading it, you will find 3 questions. Answer these questions according to the poster.

Your Life Is Built by
WHAT YOU
DO AFTER
YOUR WORK
HOURS

Personal Growth and Learning

It means trying to become better. You can learn new things, read books, take courses, or set goals to improve yourself.





Health and Wellness

Taking care of your body and mind is essential. It can be eating well, exercising, getting enough rest, and managing stress.

Pursuing Passion Projects

These are things you love doing. It might be a hobby, a side job, or a project that excites you. It's something you're passionate about.

1. What does “personal growth and learning” mean according to the poster?

2. What are the aspects of health and wellness mentioned?

3. What are pursuing passion projects defined as?

- III** The following is a memo. After reading it, you should complete the information by filling in the blanks marked 1 to 5 (in no more than 3 words) in the table below.

Memo

To: All Employees

From: Berry E. Silver, President

Date: Oct. 22, 2024

Subject: Goals for the Next Year

Marketing and Sales

Our present sales program has helped us to improve our sales by slightly over 15%, but I am setting a goal of a 25% increase in sales for the next year. To help make this goal possible, I am announcing today the expansion of our Marketing Department.

Research and Development

Any company in our business must make great efforts to develop new and better products. Our R&D will certainly make us more competitive. But creative ideas do not come from only R&D Department, they also come from the creative thinking and participation of all employees. One way we have begun to collect the suggestions of our employees is through our new computerized network.

Human Resources

Our company's most valuable resources are its employees. In the years ahead I would like to see our efforts doubled in on-the-job training. To achieve the goal, I have asked Barbara Johnson to head a new department, Human Resources and Employee Department, which will coordinate a company-wide effort.

Memo

Subject: Goals for the Next Year

Marketing and Sales

Goal set: to reach a 1. _____ in sales

Measure to be taken: to expand the 2. _____

Research and Development (R&D)

Goal set: to encourage the employees' participation

Channel to collect suggestions: the new 3. _____

Human Resources

Requirement set: to double the efforts in 4. _____ training

Measure to be taken: to appoint Barbara Johnson to head 5. _____

IV The following is a list of terms related to accounting. After reading it, you are required to find the items equivalent to those given in Chinese in the table below. Then you should put the corresponding letters in the brackets, numbered 1 to 5.

A—investing activities	B—accounting system	C—balance sheet
D—certified public accountant	E—cost accounting	F—financial accounting
G—cash flow	H—deflation	I—financial forecast
J—income statement	K—management accounting	L—inflation
M—return of investment	N—tax accounting	O—capital stock
P—cost principle	Q—book income	

Examples: (F) 财务会计

(N) 税务会计

- | | |
|--------------|-----------|
| 1. () 现金流转 | () 管理会计 |
| 2. () 注册会计师 | () 损益表 |
| 3. () 通货紧缩 | () 成本原则 |
| 4. () 投资回报 | () 资产负债表 |
| 5. () 财务预测 | () 通货膨胀 |

Translation

I Choose the best translation for the following sentences.

- The tone of your attitude will determine, to a large degree, your relationships with people.
 - 你态度的基调将在很大程度上决定你与人的关系。
 - 你的态度在很大程度上决定了你与他人的关系。
 - 你态度的基调将在很大程度上决定你的关系。
- When you are assigned a project, your immediate internal response has a significant influence on the speed, quality, creativity, and the level of joy you experience through the whole process.
 - 当你被分配到一个项目时, 你当下内心的反应对整个过程中你的工作速度、质量、创造力以及所体验到的愉悦程度都有着重大影响。
 - 当你分配一个项目时, 你的即时反应会对整个过程的速度、质量、创造力和快乐程度产生重大影响。
 - 当你被分配一个任务时, 你的即时内部响应会对速度、质量、创造力产生重大影响, 你会在过程中经历快乐。
- Obstacles and difficulties don't rob you of your inner optimism when you possess a positive attitude.
 - 当你有积极的态度时, 障碍和困难不会抢走你的态度。
 - 障碍物和难题不会抢夺你的乐观主义, 只要你有积极的态度。
 - 当你拥有积极的态度时, 障碍和困难就不会夺走你内心的乐观。
- Life can be difficult, but it's wonderful, and we're going to figure it out!
 - 生活可能很艰难, 但它很漂亮, 我们会解决的!
 - 生活可能会艰难, 但它也很精彩, 而且我们会弄明白它的!
 - 生活可能很难, 但很美好, 我们打算弄明白的!

5. If you don't like something, change it. If you can't change it, change your attitude.

- A. 如果你不喜欢什么，那就改变它。如果你无法改变它，那就改变你的态度。
 B. 如果你不喜欢某件事或某些人，就改变。如果你不能改变，就改变你的态度。
 C. 如果你不喜欢某样东西，就改变它。如果你不能改变它，那就是你态度的问题。

II Translate the following passage into Chinese.

Employees with positive attitudes at work put their heart into their work and care about quality. They drive their own career goals, getting noticed and even promoted. And they act as cheerleaders for others, inspiring them to the same heights. But when employees see work as an unfair system where they just can't get ahead, they're not likely to stick around.

Writing

You are required to write a letter of apology based on the following information given in Chinese.

要求：假设你是李敏，请根据以下内容给你的朋友 Anne 写一封道歉信。

内容：1. Anne 邀请你明天与她和家人共进晚餐，但是你要准备考试不能前往，为此表示歉意；
 2. 给出你的理由，并提议考试结束后择日见面。

学生学业水平评价

院系：_____ 专业：_____ 学号：_____ 姓名：_____

考核内容	自我评价	学生互评	教师评价
听力理解			
词汇运用			
语法运用			
阅读理解			
翻译练习			
应用写作			
平时学习表现			

The only limit to our realization of tomorrow will be our doubts of today.

—Franklin Roosevelt

实现明天的唯一限制是我们今天的疑虑。

——富兰克林·罗斯福

